School Holiday Activities

Autumn 2022

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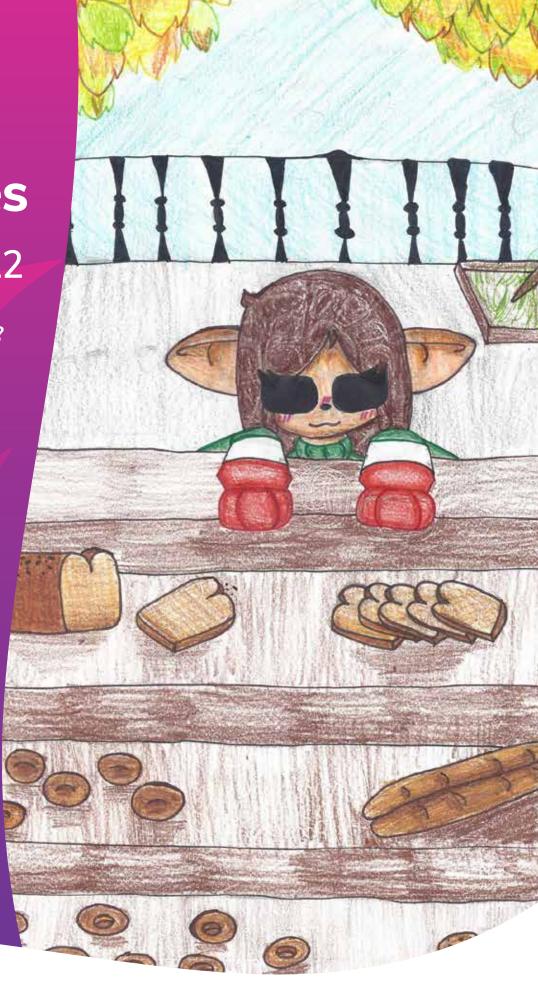
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New centre:
North Harbour
Vacation Care

1 Burton St, Balgowlah Heights

'An Autumn Bakery' By Kaat, age 11 Cromer Vacation Care







Vacation Care

All day care for school age children

7.30am to 6pm weekdays.

Daily Fee is **\$80**.

Child Care Subsidy (CCS) available (see page 6 for details)

Please note that all excursions and activities are subject to change due to Covid restrictions.



	Mon 11 April	Tue 12 April	Wed 13 April	Thu 14 April	Fri 15 April
Cromer	INCURSION Slime, Sherbet & Bubbles	IN CENTRE Fort Cromer	BUS EXCURSION Jump @ Jump'd	IN CENTRE Easter Eggstravaganza	Public holiday
	Today is about fun science with Fizzics Education. Create gigantic bubbles, make tasty sherbet, launch a rocket and make gross slime. Please wear old clothes as it's going to get messy!	Bring your creativity and engineering skills today. We will transform Cromer into a fort with designs and plans that you have brainstormed with your friends.	Challenge yourself to greater leaps and bounds at JUMP'd trampolining centre. Then we will walk to Weldon Oval for a play in the park. Remember to complete the online waiver.	Easter is here and we are going to make tasty treats. Marshmallow rice bubble eggs and Easter themed biscuits. We will also create Easter craft for Dee Why Gardens residents.	
	IN CENTRE Caring for Chicks	BUS EXCURSION Jump @ Jump'd	WALKING EXCURSION Easter Eggstravaganza	INCURSION Wheelchair Roadshow	Public holiday
Forestville	Forestville is bringing a little piece of the country to the city. You will have the opportunity to watch eggs hatching to become cute, fluffy chicks, ready to face the world.	Challenge yourself to greater leaps and bounds at JUMP'd trampolining centre. Then we will walk to Weldon Oval for a play in the park. Remember to complete the online waiver.	Easter is here and we are going on an egg hunt. We will create baskets for the adventure, and other Easter craft. We will hopefully visit St David's Retirement Village residents to wish them happy Easter.	Join us in a game of wheelchair AFL on the oval with Wheelchair Sports NSW Roadshow. Wear your favourite jersey or team colours. Challenge yourself and have fun!	
Manly Vale	IN CENTRE Make it @ Manly Vale	INCURSION Bush to Bowl	BUS EXCURSION Jump @ Jump'd	WALKING EXCURSION Rockin'Roller Rink	Public holiday
	Today will be bursting with colour! Enjoy art and craft all day with activities such as jewellery making and skateboard art with an environmental message! Finish off the day with some home-made lemonade.	Learn the origins of Indigenous bushfood with the opportunity to taste them! Bush to Bowl will bring in plants and ingredients to make bliss balls for everyone.	Challenge yourself to greater leaps and bounds at JUMP'd trampolining centre. Then we will walk to Weldon Oval for a play in the park. Remember to complete the online waiver.	Walk with us to Passmore Reserve where we will take our speaker for a rolling disco around the path. Rolling Coaches will bring all the gear -skateboards, scooters, helmets and protective gear.	
North Harbour	INCURSION Kids on Congas	BUS EXCURSION Jump @ Jump'd	IN CENTRE North Harbour Olympics	IN CENTRE Easter Eggstravaganza	Public holiday
	Everyone gets a chance to drum when Kids on Congas comes to town. A high energy drumming musical experience that is loads of fun.	Challenge yourself to greater leaps and bounds at JUMP'd trampolining centre. Then we will walk to Weldon Oval for a play in the park. Remember to complete online waiver.	Have fun and get active with whacky relay races, sack races, three legged races, hula hoop passes and loads more. Then get your energy back with a delicious smoothie.	Easter is here and we are going on an egg hunt. We will create baskets for the adventure and make loads of Easter craft to take home.	

	Mon 18 April	Tue 19 April	Wed 20 April	Thu 21 April	Fri 22 April	
	Public holiday	WALKING EXCURSION Discover Dee Why Lagoon	INCURSION Inner Hero	BUS EXCURSION Umbrella Nine	INCURSION Go Karts Go	
Cromer		Take a guided walk to Dee Why Lagoon with Koori Kinnections and discover our local Indigenous history. Then have lunch and play games at the park before returning to the centre by bus.	Learn all about wobbly yoga, box breathing and much more and become your inner hero with the superfun active presenters from 'Life Changers'!	Have you ever been bouldering? Join us for a private session at Umbrella Nine at Warringah Mall. It's climbing re-imagined without the rope. Just you against the wall. Remember to complete the online waiver.	Get ready to try out unique electric go-karts at Cromer and drive around an inflatable track. You will also race your friends in Mario Kart.	
	Public holiday	INCURSION Indigenous Adventure	BUS EXCURSION Umbrella Nine	IN CENTRE Sippy Slushy Day	BUS EXCURSION Davidson Park	
Forestville		Come and join us for an Indigenous adventure and express yourself creatively on a canvas in painting workshop with Bush to Bowl. We will also play Yulunga Traditional Indigenous Games.	Have you ever been bouldering? Join us for a private session at Umbrella Nine at Warringah Mall. It's climbing re-imagined without the rope. Just you against the wall. Remember to complete the online waiver.	Get your chef's hat on and your taste buds ready. You will make your very own slushy. What ingredients will you try? Who will make the most delicious flavour?	Surround yourself with nature as you explore Davidson Park, just a short bus ride away. Enjoy bushwalks, sketch your surroundings, play games and much more.	
	Public holiday	IN CENTRE Pizza Day	IN CENTRE Mini Einsteins	BUS EXCURSION Umbrella Nine	WALKING EXCURSION Superhero Party	
Manly Vale		Ciao! Bring out your inner chef for a day of making pizza. Get creative with posca pens to create your own personalised apron, because every good chef needs an apron!	Design and build a crazy idea from inside your head! Be an architect and design your dream home or be an inventor with a new device. Use technology to make your wildest inventions come to life!	Have you ever been bouldering? Join us for a private session at Umbrella Nine at Warringah Mall. It's climbing re-imagined without the rope. Just you against the wall. Remember to complete the online waiver.	Close out the holidays with a bang! Dress as your favourite superhero and navigate your way through superhero level challenges with your new found powers at Passmore Reserve!	
	Public holiday	INCURSION Gross Science	BUS EXCURSION Umbrella Nine	WALKING EXCURSION Picnic @ Fairlight	INCURSION Circus Mayhem	
North Harbour		Let's get messy with fun, gross science experiments, run by Fizzics Education. Make a vomit bomb or eat fizzy dandruff and more. Please wear old clothes as it's going to get messy!	Have you ever been bouldering? Join us for a private session at Umbrella Nine at Warringah Mall. It's climbing re-imagined without the rope. Just you against the wall. Remember to complete the online waiver.	We are off for a walk to Fairlight Beach for a picnic. We will make toasties and lemonade in the morning to bring on our adventure. No swimming but lots of fun and games.	Have your brain boggled with mind bending magic illusions in a Heidi Hoops & Loops show. Then learn some exciting circus tricks and gain awesome skills with Heidi.	
	Tue 26 April	Families please remember to:				
Cromer	INCURSION Zoo to You Meet a variety of unique and wonderful animals such as a Blue-tongue Lizard, Bearded Dragon, Spotted Python and many more with Taronga Zoo Mobile at Cromer.	 Make sure there are no nuts or nut products in your child's lunchbox Pack an ice brick in your child's lunchbox to keep food fresh and cool Send a refillable drink bottle with your child every day Pack a hat for your child every day Make sure your child wears closed-in shoes (no thongs) Apply sunscreen to your child before you arrive at the centre Make sure your child has their shoulders covered Ensure that any medications are contained in the prescription box with the doctor's instructions. 				

Vacation Care

Standard of care

Northern Beaches Council Vacation Care operates in accordance with the requirements set by the Australian Children's Education & Care Quality Authority (ACECQA) including the National Quality Framework (NQF) and the framework for school age care in Australia, My Time Our Place (MTOP).

Philosophy

Northern Beaches Council Vacation Care aims to provide the highest quality education and care service for children in a fun and safe environment.

At Northern Beaches Council Vacation Care we:

- Provide an inclusive and antibiased approach to our education and care service which welcomes and includes all children and families regardless of ability, language, race, culture, gender, religion, socio-economic status, family structure or lifestyle, within the capabilities of the service.
- Promote a positive environment where children have the opportunity to learn, explore, develop and be creative while fostering respect, self esteem and the unique contribution of each individual child.
- Acknowledge play as a vital part of a child's development and we encourage and support the principles of play through our programming by looking at the needs, interests and abilities of all children.
- Promote teamwork and value staff whom we support through communication, training and development.
- Build respectful partnerships with families and the community.
- Value the natural environment in which we live and encourage children to love and respect nature, the land, animals and people, while fostering an eco-friendly centre by recycling and discouraging waste.
- Encourage children to explore social learning by developing new friendships, negotiate rules of play and be encouraged to develop independent cognitive skills.

General information

Vacation Care is for children up to 12 years old attending primary school.

Children must have completed their first term of school to attend Vacation Care unless they are attending the Pre-school Vacation Care during the January school holidays at North Harbour.

Staff are employed from 7.30am to 6.00pm and children are to be electronically signed in and out by a parent/guardian between these times. Children will only be allowed to leave the centre accompanied by an adult nominated in your Hubworks registration. Our admin team can help you register new authorised / emergency contacts - please call our office on 9942 2312. Centre staff will make an alternative arrangement if a person collecting the child appears to be under the influence of alcohol/drugs or if the child could be at risk - this is up to staff discretion.

Prescription medication can only be administered by staff with written permission from parents/guardians and be in the original packaging. Non-prescription medication is not permitted at Vacation Care. See centre staff for further details.

PG rated movies may be shown at the centre, please see staff if you have any concerns about this.

Every effort is made to provide the activities exactly as advertised in this brochure, however sometimes, due to circumstances out of our control, this is not possible. If an activity is cancelled we will try to provide another activity and inform families as early as possible, usually on the morning of the scheduled activity via signage at the centre.

Centre and program rules are established for the safety and well-being of all children. Please note consistent disregard of rules may result in exclusion from the program following consultation with Council staff and parents/guardians.

What to bring

Children need to bring a hat, lunch, snacks and a refillable drink bottle. We suggest you pack a frozen ice brick with your child's lunch to help prevent the growth of bacteria and keep it cool until lunch time. Cooking activities may be part of the day's program but they are not meal substitutes.

Children should not bring any valuable toys, electronic devices, mobile phones or expensive jewellery to Vacation Care as they may be lost. Vacation Care will not be responsible for lost valuable items.

What to wear

Please clearly label all items!

Sunhat and sunscreen – no hat means children may only be allowed to play in the shade. Children without hats may miss out on outdoor activities!

Parents – please apply sunscreen to your child every day before dropping them to Vacation Care. Sunscreen will be available at the centre.

Clothing should be practical and sun smart. Singlet tops are not appropriate as exposed shoulders are prone to sunburn.

Please note that centres often do messy activities so be prepared for dirty clothes at the end of the day!! The centre does not provide protective shirts for arts and crafts.

Please wear covered shoes only – thongs, slides and most sandals are NOT appropriate or safe footwear at Vacation Care. 'Wheelie' shoes and Crocs are also inappropriate footwear for Vacation Care. Please note children who do not have appropriate footwear may not be able to participate in all activities.

Food

Help us be allergy friendly! Many children have allergies to various foods. Nut allergies are especially common.

Please help us by not providing any nuts or nut products (including peanut butter and hazelnut spread) in your children's lunches and snacks.

Please provide healthy snacks and lunches. Lollies, sugary drinks and sweets are discouraged.

Please ensure your child has plenty to eat and a drink bottle to fill with water.

Hours of operation

The program runs from 7.30am to 6pm each day.

Children with additional needs

Northern Beaches Council Vacation Care Programs are additional needs and disability friendly. Before enrolment, we require detailed information about your child's individual needs in order to work together to support your child. If your child has high support needs, additional support may need to be accessed via the Federal Government's Inclusion Support Subsidy (ISS). The application process can take some time as we consult with schools and complete an assessment to determine how to best meet your child's needs at Vacation care. Contact the Vacation Care Coordinator on 8495 6685 as early as possible to ensure that your child can access all aspects

Immunisation

Children who are not immunised are to be excluded for the duration of an outbreak of an immunisation preventable disease. Vacation care is exempt from collecting and keeping Immunisation records.



In centre days

Activities vary throughout the day and allow for sessions of high and low physical activity. Incursions scheduled for certain days will usually run for a one to two hour period. The remainder of the day will include activities organised by the educators. Each day will have a theme that will be incorporated into some of the activities during the program for the day. Please be aware that activities may be cancelled or modified at last minute, depending on Covid restictions at the time.

Excursion Day

Children and staff will travel by charter bus or walk to each excursion venue. On excursion days children will leave the centre at a time after 9.00am and return to the centre by 4.00pm. Please ensure children are dropped off before the children are required to leave the centre to get to the excursion.

There can be up to 80 children attending each excursion, with one educator for every eight children, except when they are attending a swimming excursion at which there will be a ratio of one educator to five children.

A risk assessment with more details about each excursion can be viewed on the Vacation Care website prior to booking.

Information on the time of departure for excursions, special requirements for the day, or late changes to the program are displayed at the centre or are available by phoning the centre during opening hours. Parents/ Guardians are responsible for ensuring they have all information required. Children will not be permitted to purchase food on excursions so please do not send money with your child to Vacation Care.

Please be aware that excursions may be cancelled or modified at last minute, depending on Covid restictions at the time.

Child Care Subsidy (CCS)

If you wish to claim Child Care Subsidy (CCS) you will need to complete an online Child Care subsidy assessment using your Centrelink online account through my.gov.au. You will also need to provide us with the date of birth of the parent/ guardian claiming the CCS, the date of birth of the child being enrolled and the Centrelink Customer Reference Number for both the parent/ guardian and the child.

Once your booking has been entered into our system you will receive an email from MyGov asking you to confirm your enrolment.

You will then need to login to your MyGov account and confirm your enrolment/s for our Vacation Care service/s. CCS will then be applied to the fee charged for your booking.

We will charge you the gap between our daily fee and your CCS entitlement.

Centrelink will withhold 5% of all subsidy payments which is reconciled with families at the end of the financial year.

No CCS will be payable where children are absent from the last day of care they are booked in for each holiday period.

If you have any questions with regard to your eligibility for Child Care Subsidy please call the Family Assistance Office on 13 61 50.

Vacation Care Centre locations

Cromer

Cromer Community Centre Fisher Road North Cromer 0418 265 803

7.30am to 6pm

Forestville

Forestville Youth Centre (Behind RSL Club) Melwood Avenue Forestville 0418 260 807

7.30am to 6pm

Manly Vale

Manly Vale Community Centre 272 Condamine Street Manly Vale 0418 267 399

7.30am to 6pm

North Harbour

North Harbour Preschool 1 Burton Street Balgowlah Heights 0417 201 798

7.30am to 6pm



LEVEL UP YOUR CYBER SECURITY



Step 1: Update your device

Installing updates will give your device a security power-up! They find and fix flaws in your software that cyber criminals can use to hack in.





Step 2: Turn on multi-factor authentication (MFA)

MFA puts an extra shield around your account. Once it's activated, your account will ask for multiple types of information before you can log in.

Step 3: Back up your device

Backing up your device makes a copy of your important files and puts them in a safe place. It's like saving your progress in a game so you can go back to it later!





Step 4: Use a passphrase

A passphrase is a password on *hard mode*. A passphrase that uses four or more random words will be hard for cybercriminals to guess but easy for you to remember.

Recognise and report scams

Beating cyber criminals takes teamwork. If you receive a fishy email or message, report it to Scamwatch or the ACSC right away.













For more information, or to report a cyber security incident, contact us:

cyber.gov.au | 1300 CYBER1 (1300 292 371).





Booking procedure

Step 1: Hubworks! (HubHello) enrolment

New families

To attend Northern Beaches Council's Vacation Care centres your child must be enrolled in Hubworks! (HubHello), our child care management system. This needs to be done before you can book in for Vacation Care.

- If you have not used Northern Beaches Council Vacation Care in the past then you will need to create a new enrolment. To do this you can go to the Vacation Care page on Council's website and click on the link to "Register for Vacation Care". You will then be redirected to an online registration form in HubHello. Please complete all details in the online registration form and if you wish to claim Child Care Subsidy ensure that you add your correct customer reference numbers to this form.
- Click on "SUBMIT".
- We will then receive your registration electronically and will be able to accept your details into whichever Vacation Care centre you have chosen.
- You will receive an automated reply from HubHello acknowledging your registration and you will also be sent a login and password for HubHello.
- You won't be able to book into Vacation Care until this process is complete, so please ensure that you complete this process by close of business on Wednesday 16 March to ensure that we can accept your enrolment and send you your login details before bookings open on Monday 21 March.

Existing families

 To book in for Northern Beaches Council's Vacation Care centres you will now need to login in to HubHello. If you have lost your login details please contact us on 9942 2312 or vacationcare@ northernbeaches.nsw.gov.au

- You won't be able to book into Vacation Care without logging into HubHello, so if you have lost your login details please ensure that you get in touch with us by close of business on Wednesday 16 March to ensure that we can send you your login details before bookings open on Monday 21 March.
- If you wish to add a new sibling, follow the steps for new families and we will link the new child to your existing family record. Again, please ensure that you do this by close of business on Wednesday 16 March to ensure that we can accept the enrolment before bookings open on Monday 21 March.

Step 2: Sign up for iPay (HubHello's direct debit service)

To make a booking for Vacation Care, families will now need to sign up to iPay. This is a direct debit service within the HubHello program. Families can enter bank account or credit/debit card details. A 10% deposit is required at the time of making your booking. Please note, if you have elected to enter your bank account details into iPay you will be required to enter credit card details to pay the 10% deposit to complete your booking. The balance of fees owing will be charged to the account you have nominated in iPay after the school holidays.

To sign up to iPay

- Login to your HubHello account at hubhello.com
- Click on the picture icon next to your name on the top right hand side of the screen and select "Profile"
- Click on the My Account tab and scroll down the page to the pay section
- Click on the iPay checkbox
- Read the iPay Request Service Agreement. You will need to agree to this agreement to continue

- Complete your preferred payment method - either credit/debit card (no Amex) or bank account details
- Click on "Save"
- You will then be emailed a copy of your iPay Request Service Agreement
- For more detailed instructions go to the vacation care page on the Council's website: northernbeaches.nsw.gov.au

Step 3: To make a booking for these holidays

Bookings open 7am

Monday 21 March 2022

- Login to hubhello.com
- Select BookMe from the Quicklinks dropdown (love heart icon)
- Select the child you wish to book in
- Click on the calendar icon to select April dates
- Click on the day/s that you wish to book your child in and click on "Participate"
- Once you have selected all of the days that you wish to book in click on "Checkout"
- Select Partial Fee payable at checkout as only 10% is required to secure the booking
- To confirm your booking, check that the days you have selected are correct, agree to the Terms & Conditions, tick the privacy check box and cancellation policy check box", enter your credit card details if you haven't already entered them in the iPay section of HubHello (see above) and click on "Confirm Bookings"
- A booking confirmation will be emailed to you.

Vacation Care Booking Terms & Conditions

Registration

All children must be enrolled in Hubworks! (HubHello) to book into our Northern Beaches Council's vacation care services. This enrolment process only needs to occur the first time the child uses a particular service. Once you enrol your child in HubHello you will receive an email with your logon ID and password for HubHello.

Bookings

Bookings for our vacation care program will open three weeks prior to the start of the school holiday period. All bookings are made using BookMe in the HubHello program.

Northern Beaches Council's Vacation Care centres follow the Federal Government's 'enrolment priority of access' guidelines. Priority of access will be given in the following order:

- 1. A child at risk of serious abuse or neglect.
- A child of a single parent who satisfies, or of parents who both satisfy the work/training/study test under section 14 of the Family Assistance Act.
- 3. Any other child.

All enrolments indicating that they are eligible for priority of access will be assessed in accordance with the Federal Government Priority of Access guidelines.

Bookings can be made up to 24 hours prior to the commencement of the daily program and are subject to resourcing availability.

There are no cancellations, refunds, credits or transfers once your booking has been processed, unless a medical certificate is supplied for the day/s missed within one week of the missed day/s. Please note that activities and excursion may be cancelled or modified last minute for unforeseen reasons. This does not warrant a cancellation of your booking.

Should your family be instructed to self-isolate due to COVID testing, or potential exposure risk, please do

not send your child to Vacation Care. Contact our office so that we can adjust your booking accordingly.

Children must have completed their first term at primary school to attend Northern Beaches Council's vacation care program unless they are attending our pre-school Vacation Care program during the January school holidays.

Council reserves the right to review bookings received through BookMe and to withdraw bookings where families have money owing from previous holidays or where we are unable to meet the needs of all children booked in on a particular day within the resources available.

Medical treatment consent

By booking my child into Northern Beaches Council's Vacation Care program I give consent for the service to seek (i) medical treatment for my child from a registered medical practitioner, hospital or ambulance service (ii) transportation of the child by an ambulance service. I understand that I am responsible for any costs incurred. In the event of an emergency, Northern Beaches Council will make all reasonable attempts to contact the enrolling parent, and any other emergency contact nominated. Should attempts to reach emergency contacts fail, parents are advised that under Clause 174 of the Children's and Young Persons (Care and Protection) Act 1998, a medical practitioner or dentist is empowered to carry out treatment on my child in order to save his or her life or to prevent serious damage to his or her health. This authority granted by legislation does not relieve a medical practitioner or registered dentist from liability in respect of the carrying out of medical or dental treatment on a child or young person, being a liability to which the medical practitioner or dentist would have been subject had the treatment been carried out without my consent.

General Consent

By booking my child into Northern Beaches Council's Vacation Care program I hereby give consent for the child/ren booked into the Vacation Care program to attend the prescribed activities /excursions on the days they have been booked in. I understand that activities, incursions and excursions may be cancelled last minute by the service due to unforeseen circumstances and that this does not constitute a refund for my booking. I have read the Risk Assessment on Council's website and the information contained in the School Holiday Activities brochure. I give permission for my child/ren to participate in fire, evacuation and lockdown exercises. I give permission for Northern Beaches Council Vacation Care staff to apply or direct my child to apply the centre's sunscreen unless I provide my own sunscreen. I acknowledge that during my child/ ren's participation in the prescribed activities my child/ren will be exposed to the obvious risks associated with such activities. I indemnify Northern Beaches Council, it's officers and agents and keep them indemnified against all claims, demands, actions and liabilities of any kind (other than due to wilful negligence) arising from my child/ren's participation in the activity. I understand that there are no cancellations, refunds, credits or transfers once my booking has been processed, unless a medical certificate is supplied within one week of the day missed. I acknowledge that G and PG rated movies may be shown at the centre. I declare that the information I have provided on this form and in my HubHello enrolment is correct to the best of my knowledge.

Fees

The Vacation Care daily fee for \$80 per child. Child Care Subsidy (CCS) will be applied to this fee for families who have completed their Activity Test via the myGov website, and then confirmed their enrolment via myGov. Centrelink withhold 5% of all subsidy payments which is reconciled with families at the end of the financial year. No CCS will be payable where children are absent on the first or last day of care they are booked in for each holiday period.

Late pick up fee

Children who are collected after 6pm from the Vacation Care centre will be charged a late pick-up fee of \$11.10 per five minutes late, or part thereof.

Late payment fee

A late payment fee of \$11.10 will be charged to accounts when they reach 28 days in arrears.

Failed transaction attempt fee

A \$2.90 failed transaction attempt fee will be charged to accounts for every failed transaction attempt in HubHello iPay.

Payments

A 10% deposit is required at the time of booking. This payment is processed via iPay when checking out after you have made your booking in HubHello BookMe. The balance owing will be debited to the account you have nominated in HubHello iPay. These payments are usually processed on the Thursday of week two, each term. Please ensure that the account details you have nominated in iPay are correct and that there are sufficient funds to cover your Vacation Care fees at this time to avoid the \$2.90 failed transaction attempt fee.

\$500 BASC **Voucher Program** Northern Beaches Council Vacation Care is a registered provider for the BASC Voucher Program. Families can apply through Services NSW to receive a \$500 BASC Voucher between now and 30 September to be used for care up until 30 June 2023. Families can use their BASC Voucher to pay their Vacation Care gap fees, however you should be aware that the \$500 voucher can only be redeemed with one provider. This means that if you redeem your voucher with us it can be used to pay for vacation care at any one of our four vacation care services but not at any other vacation care or before and after school care programs. If families redeem their voucher with us and don't end up using the whole \$500 we are required to return the unused portion of the voucher to the State Government.



Why choose us?

Enrol your child at one of our centres and be confident you're getting the best early learning and care, as well as excellent value for money.

We offer:

- Long day care for 0 5 years
- Pre-school places for 3 5 years (school hours and terms with NSW Government Pre-school funding)
- A warm and welcoming atmosphere
- Educational programs that meet each individual child's needs
- Investment in quality equipment and play areas
- Highly competitive rates with child care rebates available
- Regular intakes and easy to access waitlists.

We are:

- A not-for-profit service provided by Northern Beaches Council
- Focused on providing affordable quality education and care
- Proud that our staff are professionally accredited and passionate educators
- Proud that our centre meets the National Quality Standard.



Need some inspiration?

Remember!

Always pack and ice-pack or frozen water bottle with your child's lunch. This will help prevent growth of bacteria and keep it cool until lunch time.

Try these nutritious lunches:

Main lunch	Nutritious snack	Fruit	Drink (in addition to water)	Plus 1
Chicken, hummus and cucumber sandwich	Reduced fat cheese slices with wholegrain crackers	Apple	Chocolate flavoured reduced fat milk	Air popped popcorn
Ham, reduced fat cream cheese and salad wrap	Sultana snack pack	Fruit salad	Water	Dry breakfast cereal
Pesto pasta salad with chicken and capsicum	Reduced fat yoghurt	Orange	99% fruit juice (200ml or less)	Vegetable sticks with dip
Egg, celery and reduced fat mayonnaise sandwich	Homemade pita chips with hummus	Frozen grapes	Reduced fat plain milk	Tinned fruit in juice
Tuna, corn, lettuce and reduced fat mayonnaise wrap	Reduced fat cheese slices with wholegrain crackers	Fruit kebab	Water	Muesli bar (weekly extra)
Ham and sweetcorn frittata	Vegetable sticks with dip	Banana	Water	Rice crackers or cakes with dip
Chicken salad with chick peas, baby spinach and pumpkin	Vegetable sticks with dip	Fruit salad	Strawberry flavoured reduced fat milk	Reduced fat yoghurt
Tuna and sweet potato patties	Reduced fat cheese stick	Frozen melon balls	Water	Fruit spice English muffin
Turkey, tomato, spinach and reduced fat cheese sandwich	Avocado, carrot and lettuce rice paper rolls	Apple	Reduced fat plain milk	Reduced fat custard



Discount Vouchers

Simply cut out the attached vouchers and present them at participating venues to claim your special school holiday offers.

Please note that these offers are only valid during NSW Autumn 2022 school holidays, unless otherwise stated.



Functional Teens Class Free 7 Day Pass

For 12-16 year old. Classes Monday - Thursday at 4.15pm

Booking online and proof of age is required

1525 Pittwater Rd, Narrabeen

02 9970 8488 Valid NSW Autumn 2022 School Holidays



Present this coupon to purchase 2 Adults + 2 Children for \$47

Not valid for Grand Seats or 3D films. Selected movies only. Conditions apply. Not valid on public holidays or discount days.

One voucher per customer

4 Vuko Place, Warriewood 9913 2800

Valid from 9/4/22 to 25/4/22



Buy 1x18 hole round of Mini Golf, receive upgrade to 36 holes for Free!

MUST present this voucher to redeem the offer. Not redeemable for cash.

One voucher per person

1500 Pittwater Road, Warriewood (enter via Walsh St) 9913 7991 pittwatergolfcentre.com.au

> Valid NSW Autumn 2022 School Holidays



Pay for 1 hour hire, Get the 2nd hour Free!

The Boatshed 11 Narrabeen St, Narrabeen

9970 7081 Not Valid Public Holidays

Valid NSW Autumn 2022 School Holidays



10% discount on all kids and teens art workshops

Drawing Painting Sculpture Printmaking

Nurture and encourage your child's creativity with our fun and fabulous art workshops for kids and teenagers.

Discount available for website bookings only. Quality tutors, small classes and art materials supplied. 64 Darley St, Mona Vale 0402 532 957 info@sydneyartspace.com www.sydneyartspace.com

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