



SATURDAY AFTERNOON BASKETBALL

- Learn to Play/Play (only \$10 per session)
- Excellent coaches - Ages 7 & Under (1.30-2.30pm)
 - Ages 8 & above (2.30 - 3.30pm)

ON THIS SATURDAY AND ALL TERM

COME ON DOWN AND HAVE SOME FUN!! (NO BOOKINGS REQUIRED)

NORTHERN BEACHES INDOOR SPORTS CENTRE

Jacksons rd Warriewood, ENQUIRIES MWBA 9913 3622

SATURDAY AFTERNOON BASKETBALL

The Manly Warringah Basketball Association is holding basketball squad training & fun on Saturday afternoons, conducted at the Northern Beaches Indoor Sport Centre,(NBISC) Jackson rd Warriewood with expert coaches. The program is on each Saturday during school term.

*There are three groups -**Biddy Ball** for ages 7 and under 1.30pm - 2.30pm & **Lightning League** for ages 8 & over 2.30pm - 3.30pm. The cost is \$10.00 per week coaches are American professional Jerome Lee and Representative coaches Tim O'Sullivan and John Pete.*

Each week players will be taught the skills of the game by experienced coaches and put into teams for a short modified games. New players wishing to join a competition team should attend Saturday sessions so they can improve their skills, be graded and later placed into teams when a new competition starts. Players who are already playing will also benefit from the extra skill sessions. If you are interested in joining Saturday basketball then just come down.

Aussie Hoops

We also have our Aussie Hoops program 9.30-10.30am on Sundays which runs all term conducted at the Northern Beaches Indoor Sport Centre,(NBISC) with expert coaches. To book a position go to the link <https://aussiehoops.basketball> looking forward to seeing you there.

Great fun/Great coaches

Email: mwba@manlybasketball.com.au <http://www.manlybasketball.com.au>