



63 Gordon St Manly Vale | Office: 9949 3523 | Absentee Line: 9948 9949

Fax: 9949 2230 | skmv@dbb.catholic.edu.au | www.skmvdbb.catholic.edu.au

Issue: 5 1 March 2019

LOOKING AHEAD

March

- Fri 1** School Clean-up day
Soccer Gala Day entries due today
- Mon 4** Catholic Schools Week commences
7pm P&F meeting in the Hub
- Tues 5** Shrove Tuesday – *Pancake Day*
- Wed 6** 10am Ash Wednesday Mass
Vinnies Night Patrol collection K-2
- Thurs 7** Cross Country
- Fri 8** 9am Stages 2 & 3 Soccer
Yoga Yrs 1 & 2
2pm Assembly – Yr 3
- Sat 9** 7.30pm P&F Welcome Drinks at Wakehurst

- Fri 15** Soccer – Stages 2 & 3
Yoga Yrs 1 & 2
Dads' Curry Night
- Wed 20** Yr 6 Leaders Day
- Fri 22** Soccer – Stages 2 & 3
2pm Assembly – Yr 1
- Mon 25** Yr 4 History Excursion
- Tues 26** Police visit to Stage 3 – Cyber Safety
- Sun 31** 2pm Parish Colour Fun Run
- April**
- Wed 3** Open Day 9.15am – 11am and 6.30pm – 7.30pm

Open Morning 9.15am - 11am **Principal's address** 10am
Twilight tour 6.30pm - 7.30pm

Give your child the St Kieran's advantage.

Providing a comprehensive and diverse curriculum that engages and empowers the learner in real and relevant learning experiences. School tours can also be arranged by appointment.

ST KIERAN'S CATHOLIC PRIMARY SCHOOL 63 Gordon Street Manly Vale NSW 2093
TEL 02 9949 3523 EMAIL skmv@dbb.catholic.edu.au

skmvdbb.catholic.edu.au

Dear Families

Sunday marks the start of Catholic Schools Week, a time when the Catholic schools sector in NSW celebrates Catholic education. The theme this year is *Educating Hearts and Minds*. St Kieran's will be holding our Open Day and evening on Wednesday 3 April and I am asking for your support in promoting the great school community that St Kieran's is. We live in challenging times for the Catholic Church at the moment but we really do have a lot to celebrate as a school and parish community. Word-of-mouth is the greatest advertisement and I would encourage you to recommend to your friends or family looking for a school for 2020 to attend our Open Day.

The St Kieran's Advisory Council held their retreat last weekend at Mary MacKillop Place, North Sydney where we reflected and prayed on the concept of companionship. Various members of the council as well as Fr Dave Austin, our parish priest, and Fr John Sullivan, assistant priest, led us in reflection. I will be talking more about the role of the Advisory Council at next week's Parents and Friends meeting which will be held in The Hub at 7pm. I look forward to sharing many aspects of school life at the meeting. I hope you can make it.

Since I started at St Kieran's just over two years ago, I have found the Welcome Evening at Wakehurst Golf Club a vital opportunity to meet our new families and to get to know our existing families even better. I really encourage you to attend this night on Saturday 9th March. Tickets are still on sale.

North Harbour Parish is once again holding the Colour Fun Run, which will be held at St Augustine's College on Sunday 31st March from 2-4pm. This event was postponed last year due to wet weather. A back up date has been set for Sunday 7th April. The parish is keen for any parent helpers who can assist with marshalling or in any other way. Details can be found in the newsletter. The parish is also looking for volunteers who can give one hour per week during the school term to assist with being a catechist. Contact the parish office if you are interested in helping.

God bless



Michael Gallagher
Principal

★ ★ ★ AWARDS ★ ★ ★

KH	Grace K and Addison S	KS	Carter A and Annabel M
1L	Audrey F and Freddy W	1S	Tyler P and Violet S
2HR	Ryan M and Joseph H	2L	Samuel C and Jasmine L
3C	Lauren O and Oliver F	3V	Brooke B and Josh G
4G	Madhulika S, Daisy c and Lachlan W	4K	Grace M and Joel J
5K	Amelia S and Sonny K	Yr 5/6A	Cole I and Catherine B
Yr 6	Sabrina F and Daniela D	PE	Daisy C, Max H, Billy B, Jackson G, Elloise R
Italian	Kai D, Charlotte, H Tristan D and Sienna C		

SCHOOL NEWS

Yrs 3-6 Soccer Gala Day

The Years 3-6 Soccer Gala Day will take place in early April this year. All students in Years 3-6 have been entered in the event. A google form was sent home yesterday via email - <https://goo.gl/forms/wVABTYaSnPGTaSDK2>
Please ensure that you complete the permission form by no later than today, Friday 1 March.

Religious Education

If you were ever a fan of songwriter, Johnny Mercer, you will recognise these lyrics:

"You've got to
Accentuate the positive
Eliminate the negative
Latch onto the affirmative
Don't mess with Mr In-between."

Not that he intended to do so, but Mr Mercer could be giving us some excellent advice as Ash Wednesday approaches and with it the forty days of Lent.

Lent it is about improving our spiritual lives and seeking a closer relationship with God. We should observe Lent, because we want to accentuate the positive influence of the Holy Spirit in our lives and to eliminate the negative influence of sin. So, we have to "Accentuate the positive, Eliminate the negative, Latch onto the affirmative" and be happy about it!

With Lent about to begin we need to think about how our children, aged five to twelve can participate in a positive manner. Lent is a time to spring clean our spiritual lives and a call to spiritual renewal. We ask our children to do extra and be more thoughtful about what they do during lent rather than give up things.



Last year Father Francis spoke to us about putting on our Lenten SPF 40. Sharing, Praying and Fasting for 40 days. For children sharing might be a sharing of time, offering random acts of kindness, phoning or writing a letter to granny. Praying could be leading the family prayer before meals, praying for someone else before they go to bed, praying thank you prayers instead of asking prayers. Let's be thoughtful when we speak to our children about Lenten promises and make Lent a positive experience in spiritual thoughtfulness and growth.

Lent in 3 minutes is a quick video about the purpose of Lent. <https://www.youtube.com/watch?v=Xo1mjuy1NA0>

Yours in Religious Education,
Mrs Kerrie Wetzlar



Northern Beaches Cluster Swimming Carnival

Congratulations to all the students who competed for St Kieran's at the Northern Beaches Cluster Carnival yesterday. All children were incredibly well behaved and showed great sportsmanship. St Kieran's performed extremely well, placing third overall! Many of our students have been selected to represent Northern Beaches at Broken Bay, these students are:

Lachlan D, Tadgh M, Jackson Q, Christian C and Alana R.

We wish them luck when they compete next Thursday evening in Tumbi Umbi.

A big congratulations to Lachlan D who was awarded the Male Swimmer of the Meet in the carnival yesterday! Well done Lachlan!

A special thank you to the parents who volunteered to time keep on the day, we really appreciate your help and these days would not be possible without you!

Cross Country

Reminder: Next Thursday 7th March is our St Kieran's Cross Country event. Registrations are now closed. Please ensure that if your child has been registered, that they wear their full sports uniform to school next Thursday and that they bring their water bottle.

We are still looking for some parent volunteers to assist us on the day. Unfortunately if we do not have enough parents to assist us, the event will not take place due to safety concerns. If you are able to assist, please email skmv@dbb.catholic.edu.au ASAP. Thank you in advance!

Help Needed Covering Books

Many thanks to the parents who have offered to cover new library books. I still need a few more helpers as there's quite a few books ready to go on the shelves but still need to be covered. Please see the note at the end of this Newsletter. Many thanks,

Liz McGuire

PARENT NEWS

THE ST KIERAN'S P&F ASSOCIATION
INVITES YOU TO OUR 2019

welcome evening

7.30PM | WAKEHURST GOLF CLUB
UPPER CLONTARF ST, SEAFORTH

\$30 per person (includes canapes)
Drinks available at club prices

RSVP & TICKET SALES THROUGH THE QKR
APP BY NOON, FRIDAY 1st MARCH

Buy your tickets now

SATURDAY 9TH MARCH 2019

Please note this is purely a social evening with no fundraising element.

From the P&F

Next Monday is our first P&F meeting for 2019. A couple of the items that will be discussed include

- Options and parents thoughts on a playground proposal for the K-2 space;
- Ideas for a memorial for Terri Patterson within the school grounds
- Social Media and internet safety
- Fundraising ideas for 2019

We promise the meeting won't go for too long and there will be some yummy chocolates on arrival to sweeten the deal. It really is a great place to contribute to the growth and development of the school.

Dates for your diary

- **Welcome drinks** - if you would still like to purchase a ticket please email us asap!
- **P & F Meeting** - Monday 4 March (NEXT MONDAY).
- **NSW State Election**- 23 March 2019, more information to come next week.

As always, we are here to help with any questions or concerns or just love a chat. Drop us a line at st.kierans.pf@gmail.com.

St Kieran's Catholic School Manly Vale

Shrove Tuesday

'Pancake Day'



Pancake Tuesday is here!

Dear Parents

Shrove Tuesday is early this year, *Tuesday, 5th March 2019*, and we will be serving pancakes.

They will be served at **Recess @ 11.00am**, and will cost a **\$1.00 each**. The pancakes are the large size Golden brand, and there will be a maximum limit of 3 pancakes per child.

There will be a choice of:

- ❖ a drizzle of maple syrup, or
- ❖ a spread of strawberry jam.

Pancakes **do not** need to be ordered prior.

We will need volunteers, if you are able to please help out for an hour from 10.30am to 11.30am that would be greatly appreciated. Please either text myself on 0410 629 135 or email @ joannemesbitt@gmail.com. We will require approximately 10-15 volunteers on the day. Thank you in advance.

The canteen will not be open for any other purchases on this day.

Regards

Jo Nesbitt
Canteen Manager

Canteen: Canteen **Menu** [here](#)

We have a few volunteers for Shrove Tuesday, 5th March from 10.30am to 11.30am, but we would love a few more. If you can please help out for the hour it would be greatly appreciated, please send a text to: 0410 629 135. Thank you.

Volunteers please are required for:

1. Wednesdays (Week 3) – 15 May, and 7 August, 9.00am - 1.50pm

If you can help out with any of these dates, please email: joannemesbitt@gmail.com, or text: 0410 629 135. Thank you in advance.

NEXT WEEK's ROSTER (Term 1 - Week 6):

Wednesday 6 March: Anne Mitchell (M), Alicia Unkonc, Melissa Dunn (A)

Thursday 7 March: Lilly Edmunds (M), Susanne Foale, Marina Penberthy (A)

Friday 8 March: Amelia Brenac (A), Ally Browne, Lyndal Frollano, Beata Kromrych (A)

- Full day Volunteers are required from 8.50am to 1.50pm.
- Morning Volunteers are required from 8.50am to 11.15am (M).
- Lunch Volunteers are required from 11.15am to 1.50pm (L).

Any changes to the canteen roster, please contact: Jo Nesbitt - via text on: 0410 629 135.

❖❖❖ School Banking has commenced and will continue each Friday ❖❖❖

PARISH NEWS

Sacramental Program

- The **TryBooking** link to book a date for the celebration of First Reconciliation was emailed to all parents in the program on Tuesday 26 February. Please contact Janette if you did not receive this information;
- **Ritual of the Cross will be celebrated at all Masses this coming weekend on Sat 2 March and Sun 3 March** the children preparing for First Reconciliation will be presented to the parish community and receive a small crucifix, families can attend any of these Masses.

Please contact Janette: 0408 866 521 or www.northharbourcatholic.org.au if you have any questions or need clarification on the above.

For further information please contact Janette on 0408 866 521 or at sacraments@northharbourcatholic.org.au

Calling All Future Catechists!!

We would love you to be a helper or to teach our children in our parish public schools. For further information please click [here](#).

Save the Date

Family Colour Fun Run Sunday 31 March 2pm – 4.00pm at St Augustine's College Oval

The Parish Community Centre at Manly Vale is now 20 years old and needs refurbishment including painting, new carpets and bathroom renovations. The Parish needs the support of the North Harbour Community to help fund this refurbishment. A fundraising **Colour Fun Run involving the whole family** is planned for 31 March. Be sure to save the date - it promises to be lots of fun. More details to follow.

HOSPITALITY: A call to serve others- Literally!!

We would love to have some new volunteers to help serve tea and coffee after the 9:30am mass on Sundays at St Kieran's. It's something that the whole family can do together.

The commitment can range from once a term to once a year- any help will be welcomed!

It is a very small commitment of getting to mass 15 minutes early to set up and then staying after mass for about 30 minutes to serve and pack up. Instructions and training are provided on the first day but it is very easy and everything is provided. 😊

Please contact Ursula Halloway on 0423 595 204 or email ursulahalloway@y7mail.com

Children's Liturgy

The children's liturgy ministry is always looking for new mums, grandparents and carers to be involved in this wonderful and rewarding ministry. Being a volunteer in this ministry involves helping with children's liturgy that takes place on Sundays at the churches of St Cecilia and St Kieran's.

You will be placed on roster alongside another volunteer who is currently doing children's liturgy to help out about once to twice a term. Children's liturgy only takes place within the school term and doesn't take place when year family masses are scheduled. All information, resources and activities are printed off and provided by the children's liturgy co-ordinator on a weekly basis.

All volunteers will be required to obtain a working with children check number, but this is simple to do, and this is something that I can help you obtain. If you feel like this is something you could get involved with or would simply like more information, please feel free to contact me on 0403 063 013 or at bryannecrabb@gmail.com

RETURN SLIPS

Library Volunteer for 2019

I am willing to cover books with plastic / contact

Name _____

Child's Name & Class _____

Contact Number _____



I am willing to shelve books on:

- Tuesday (morning/afternoon) Wednesday (morning/afternoon)
 Weekly Fortnightly Monthly Once per term

Name _____ Contact Number _____

Child's Name & Class _____

COMMUNITY NEWS

Monte Sant' Angelo Open Day

Sunday 10 March from 9.30am – 1.30pm. All welcome

www.monte.nsw.edu.au

Stella Maris Open Evening

Wed 13th March 4pm- 730pm – All welcome www.stellamaris.nsw

St Paul's Catholic College, Manly Open Evening

Thursday 7th March 4pm – 7pm. All welcome www.stpaulsmanly.nsw.edu.au

Mater Maria College Open Evening

Thursday 7th March 4pm – 7pm. All welcome www.matermaria.nsw.edu.au

Live Life Well @ School
HEALTHY SCHOOL CANTEENS

WE'RE ON OUR WAY TO BEING **GREAT**

Great things are happening at school canteens in 2019.

There's a FREE menu check service helping canteens meet the Healthy School Canteen Strategy by December 2019.

Find information on how your vital role can support the Strategy and increase student access to healthy options. Visit www.healthyschoolcanteens.nsw.gov.au

NSW GOVERNMENT | Health Northern Sydney Local Health District