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**Issue: 5      2 March 2018**

## LOOKING AHEAD

### **March**

**Fri 2**

**Staff Development Day**

**Mon 5**

Catholic Schools Week commences

Robotics Yr 5

**7pm P&F meeting** – all welcome

**Tues 6**

**Open Morning 9.30 – 11am**

Yr 4 Barracks excursion

Yr 2 Historical House excursion

**Wed 7**

Rice Day for K to Yr 3 (optional)

**Thurs 8**

Yr 6 Leaders Day

Rice Day for Yrs 4 – 6 (optional)

Broken Bay Swim Carnival at Mingara

**Fri 9**

Yoga Yrs 2 & 3

9-11am Soccer Clinics Yrs 3 – 5

**Sat 10**

**Welcome Drinks** at Wakehurst Golf Club

**Fri 16**

Yoga Yrs 2 & 3

9 – 11am Soccer Clinics Yrs 3-5

2pm Assembly Yr 6

Vinnies Night Patrol Collection

Dads' Curry Night

**Sat 17**

10 – 4pm Band Workshop

**Fri 23**

Soccer Clinic Yrs 3 – 6

**Tues 27**

Anti Bullying play for Yrs 4-6

**Thurs 29**

Holy Week Liturgy 12pm

**Fri 30**

Good Friday

**April**

**Tues 3**

10am Easter Story liturgy

**Thurs 5**

**School Cross Country**

**Welcome Evening**  
**Saturday 10 March**  
**Booking close today**  
**Logon to QKR to book**

**LAST DAY**

### **Dear Families**

Today's Staff Development Day was spent on the analysis of assessment data collected in the first few weeks of the year. The data includes the Mathematics Assessment Interview (MAI) results as well as the Best Start data from Kindergarten. Through the analysis, teachers plan classroom structures designed to meet the needs of all students. Consideration is also given to the social and emotional learning (SEL) needs of the students. The parent teacher meetings at the end of the term will give you the chance to discuss further the needs of your child.

Last night teachers from across the Diocese of Broken Bay gathered for the Missioning Mass led by Bishop Peter Comensoli. The vocation of teaching centres on supporting the faith development of the children as well as their academic, social, physical and emotional growth. This responsibility isn't taken lightly by our teachers and as Bishop Peter remarked, our Mission is to support families who are the primary educators of our children.

Our new P&F team has been working hard behind the scenes in preparation for next Monday's meeting, as well as the welcoming drinks evening at Wakehurst Golf Club on Saturday 10 March. You can show your support for our school community by attending the meeting at 7pm in The Hub and/or joining in the Welcome Evening and supporting our new families.

At the P&F meeting I will be addressing a variety of matters which we will be focusing on this year such as our School Improvement Plan (SIP), a review of our behaviour management guidelines, a review of our school's homework policy and an update on the Stage 3 learning space.

Next week is Catholic Schools Week. Thank you to the parents who have volunteered their time to act as guides at next Tuesday's Open Morning and to those who assisted in distributing flyers to pre-schools. Prospective families in our community will be looking to see what makes St Kieran's a school worthy for their children. The Civics and Citizenship Leaders will speak to the families as well as act as guides. Your assistance and commitment to our school is invaluable.

Congratulations to our representative swimming team who gained second place at Wednesday's interschool carnival. Teachers praised the enthusiasm, sportsmanship and achievements of all our competitors. A special mention to the children who broke existing records in three events. Details can be found in the newsletter.

Finally, today we say goodbye (for now) to Mrs Vanessa Clifford who begins her maternity leave next week. We give Vanessa and Dan our best wishes for the safe arrival of their first child and look forward to seeing them at school in the near future.

God bless



Michael Gallagher  
Principal

## ★ ★ ★ AWARDS ★ ★ ★

<b>KC</b>	Allegra C and Oscar M	<b>KH</b>	Madeleine G and Luke P
<b>1L</b>	Juan D and Felicity B	<b>1R</b>	Myles R and Sophie M
<b>2HB</b>	Sienna S & Kieran H	<b>2S</b>	Asten F and Max D
<b>3B</b>	Lukas G and Addie L	<b>3V</b>	Josh P and Philippa Q
<b>4G</b>	Mikayla L and Sonny K	<b>4K</b>	Ashleigh W, Pia F and Isaac C
<b>5K</b>	Finlay P and Luka H	<b>Yr 5/6</b>	Maxime G and Illyra G
<b>Yr 6</b>	Ava B and Niamh G	<b>PE</b>	Madison B and 4G
<b>Band</b>	Louis T	<b>Italian</b>	Elsie G, Josh G, Lucas M, Emilia G, Josh P, Joel S

## SCHOOL NEWS



### Religious Education

Year 5 students attended the Parish Mass on Thursday at 8.30am. I was impressed by their reverence and participation in the Mass. In addition to reading the Prayers of the Faithful and the Offertory Procession the students sang a hymn at the conclusion of the Communion. The students were asked by Fr Francis to repeat the hymn at the end of Mass where upon the congregation burst into applause. The students felt embraced by our parish family. Thanks Year 5, I felt very proud of you.

### Rice Day

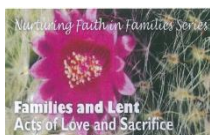
#### An opportunity to feel hungry

We are all aware that many children in the world live on a cup of rice a day. Next week we are offering students the opportunity to go hungry for part of their day. We are not asking students to starve but simply feel hungry for a few hours. Students are under no obligation to participate in Rice day.



**Parents can discuss with their children the extent to which they fast.** For example our Kindy and Yr 1 students may simply replace part of their lunch with rice whilst older students may choose to give up a few more meals during the day.

Rice Day is **Wednesday 7 March for Kindy – Year 3** and **Thursday 8 March for Years 4, 5 and 6** the canteen is serving a cup of rice. Please use the canteen online ordering system QKR! to order and pay for a cup of rice which is under the 'Hot Food' section. Jo would like to put a call out for rice cookers. Could you please contact her if you are able to send your rice cooker into school for the day. Please label your rice cooker.



[Linked](#) to today's newsletter is an appendix **PART 3 - "50 ways to experience Lent"**. This handout gives daily examples of ways in which our families can prepare for Easter during the forty days of Lent. Thank you Janette Davidson our Family and Sacramental Minister for preparing this wonderful family friendly resource.

Yours in Religious Education,  
Mrs Kerrie Wetzlar, Religious Education Coordinator

### Northern Beaches Cluster Swim Carnival

Congratulations to all the students who competed for St Kieran's at the Northern Beaches Cluster Carnival. All children were incredibly well behaved and showed great sportsmanship. St. Kieran's performed extremely well, placing second overall! Many of our students have been selected to represent Northern Beaches at Broken Bay, these students are:

Lachlan H, Lachlan D, Tadgh M, Thomas S, Zoe S, Jackson Q and Christian C.

We wish them luck when they compete next Thursday evening.

Congratulations to these children who broke the following records at the carnival:

Student and event	Time	Previous Record
Lachlan D – Jnr 50m Backstroke	41.17	2007 – 43.16
Zoe S – Snr 50m Butterfly	34.42	1985 – 35.54
Jnr Boys Relay: Lachlan D, Thomas S, Tadgh M and Lachlan H	2:33:39	2002 – 2:33:64



A special thank you to the parents who volunteered to time keep on the day, we really appreciate your help and these days would not be possible without you!

### School Fees

School Fee statements are sent home to all fee payers via email at the beginning of each month (a bit like receiving your monthly credit card statement). Fee statements show any payments which have been made and list overdue payments.

If your child is in the junior or senior band, annual band fees will now show on your statement. These will be divided equally amongst your remaining instalments.

- If you are paying in the standard three instalments first payment is due **today 23 February**.
- If you are paying monthly, fees are due by **15<sup>th</sup> of each month**.
- For other instalment types please check your invoice.

If you wish to change your time payments or discuss your fees please contact [Julia.postle@dbb.catholic.edu.au](mailto:Julia.postle@dbb.catholic.edu.au)

### Wayside Chapel / Valentine's Day Appeal

A big thank you to all the families who so generously sent in undies for our appeal. We were overwhelmed and very proud of the support given by the St Kieran's Community. They will be delivered and well received by the homeless people of the city as they shower and change into fresh undies!!!!

*Mission Team, Mary Brown and Wendy Rose.*

### Band News

Senior Band had a wonderful rehearsal. really getting stuck into their new piece *Aladdin*. Please keep up the good work and practise the whole of the first page. There was no Junior Band rehearsal as there was a staff development day.

Band rehearsals next week are changing as I will be away.

- SENIOR BAND- Tuesday morning 7:10-8:20am
- JUNIOR BAND- Wednesday morning 7:10-8:20am

This is only for next week March 6 and 7. Then back to normal. Band workshop is on Saturday 17 March. Permission form is at the end of this newsletter.

Looking forward to more music and fun.

*Miss Hodges, Band Conductor*

## PARENT NEWS

### From the P&F

#### **Hurry – Last Chance to Grab Tickets for the Welcome Drinks**

A final reminder that ticket **bookings close TODAY (Friday 2 March)** as we need to confirm final numbers to the venue for catering purposes. Log on to **QKR** to grab your tickets.

This fun, casual and social event is at **7:30pm next Saturday 10 March** at the Wakehurst Golf Club. It's our chance to welcome everyone to the St Kieran's community for 2018. We look forward to sharing a few drinks and laughs with you all on what promises to be a fun and relaxed night.

## **Come Along to the First P&F Meeting of 2018 Next Monday Night 5 March**

Please join us for a quick and informative meeting this Monday 5 March at 7pm upstairs in the new Stage 3 'Hub'. This is your chance to see our brand new learning space! We promise a 'short and sweet' meeting and would love to see as many new faces as possible. If you have any interest in any of the topics below, please come along to participate in the conversation.

### **Items on this meeting's agenda include:**

- Update on the Stage 3 'Hub' space and how it is working in action
- School Improvement Goals and targets for 2018
- Review of the school's Behaviour Management strategy
- Plans for Homework policy review
- Progress report on trial of riding bikes to school
- Release of school Social Media policy
- Building Positive Partnerships between school and families
- Plan for further Playground redesign – lower infant's area and buddy bench installation
- Recycling initiatives within the school

Have a great weekend everyone,

*Cheers from your P&F Committee*

*Aileen Cahill, Louise Magee, Jane Smith, Shahn Schwarz, Jen Galland, Sunny Saady and  
Howie Giles*

**Canteen:** Canteen **Menu** [here](#) .

**Volunteer required, please:** Week 9, Wednesdays 9.00-1.50pm: 28 March, 27 June, 19 September, 12 December.  
.Please text Jo Nesbitt on 0410 629 135 if you are able to help. Thank you.

NEXT WEEK's ROSTER (Term 1 - Week 6):

**Wednesday 7 March:** Amanda Raleigh, Evana Christofides

**Thursday 8 March:** Claire Sutherland (M), Eleanor Hill, Kate Foley (A)

**Friday 9 March:** Alex Miles (M), Estelle Tilly (M), Gayle Connor, Vanessa Morello (A), Diane Hall (A)

THE FOLLOWING WEEK's ROSTER (Term 1 - Week 7):

**Wednesday 14 March:** Nicole Wall, Ursula Hallway

**Thursday 15 March:** Clare Foale, Lyndal Frollano

**Friday 16 March:** Tammy Brichta (M), Dana Reddy, Katrina Beaman, Marina Penberthy (A)

- Full day Volunteers are required from 8.50am to 1.50pm.
- Morning Volunteers are required from 8.50am to 11.15am (M).
- Lunch Volunteers are required from 11.15am to 1.50pm (L).

Any changes to the canteen roster, please contact: Jo Nesbitt - via text on: 0410 629 135.

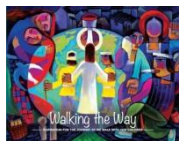
**Dad's Curry Night** – from the Dad's Committee

The first Curry night of the year will be in Manly at Ashiana's restaurant located in the heart of Manly <http://www.ashianaindianrestaurant.com.au/>. Raaj has looked after us many times and I will be putting on a Keg of beer as well.

When: Friday March 16<sup>th</sup>, 7.30pm at the restaurant, although we will catch up in the front bar of the Steyne Hotel from 6pm for pre-dinner drinks.

Its RSVP so let me know when you can so I can let the restaurant know numbers. Look forward to catching up soon. All the best, Howie – (Howard Giles) 0438 888 528, [howardgiles100@hotmail.com](mailto:howardgiles100@hotmail.com)

**Uniform:** To order please go to the Pickles [website](#).



### **Walking the Way**

Walking the Way is a school-based initiative in the Catholic Diocese of Broken Bay, designed to encourage parents in their sacred task of accompanying their children on their journey with God. There are four elements: Book & video / E-Bulletin / Parent gatherings / Annual retreat. Click here <http://walkingtheway.dbbcsso.org/archive-2018-year-b.html>

**WELCOME!**

**EVENING**

The St Kieran's P&F Association invite you to celebrate the start of the 2018 school year.

This is a purely a social event, a chance to meet and welcome new parents and catch up with old friends.

**Saturday 10 March 2018**  
**7:30pm**

Wakehurst Golf Club  
 Upper Clontarf Street, Seaforth

\$30 per person, includes canapes  
 Drinks available from the bar at club prices

RSVP and grab your tickets through the QKR app by midday on Friday 2 March

## COMMUNITY NEWS

### **Marist Open Day**

The Marist Open Day is to be held on Saturday 3 March from 10am to 1.30pm. Enrolment for Yr 7 takes place in Year 5 and offers are made after interview in July the same year. 270 Miller St, North Sydney, 9957 5000, [www.maristcollege.com](http://www.maristcollege.com)

### **Mercy Catholic College Open Day**

Mercy Catholic College, Chatswood welcomes families and prospective students to our Open Day on Sunday 4 March from 11am - 2pm.

***Enrolments:** Applications for placement in Year 7, 2020 are open and should be received by the College office by the end of Term 1, 2018. It is anticipated that the interview and acceptance process for entry into Year 7, 2020 will commence in Term 3, 2018. For further information please visit the College website <http://www.mercychatswood.nsw.edu.au/> or contact our College Registrar [SMCCC.Registrar@dbb.catholic.edu.au](mailto:SMCCC.Registrar@dbb.catholic.edu.au)*

### **Mater Maria College Open Day**

Thursday 8 March 2018 - 4pm to 7pm. Come and see the Mater Maria spirit. Year 7, 2020 applications close on Wednesday 4 April 2018. Please contact our Enrolment Registrar (Deborah Fitzgerald) on 02 9997 7044 or email [deborah.fitzgerald@dbb.catholic.edu.au](mailto:deborah.fitzgerald@dbb.catholic.edu.au). Applications welcome for Years 8-11

Enrolment Information <http://matermaria.nsw.edu.au/enrolment>.

Request a prospectus <http://matermaria.nsw.edu.au/enrolment/request-a-prospectus-form>

Book a tour <http://matermaria.nsw.edu.au/book-a-tour-form>

5 Forest Road Warriewood NSW 2102 Telephone 02 9997 7044 • visit [matermaria.nsw.edu.au](http://matermaria.nsw.edu.au)



A glimpse into your daughter's future

**Stella Maris**  
COLLEGE MANLY

**OPEN EVENING**

**Wednesday 14 March**  
**4.00pm - 7.30pm**

Principal's address  
Tour the brand new 'Scholastica' building  
Department demonstrations  
Join a guided tour by our student ambassadors  
Meet our Heads of Department and friendly staff

see website for full details

*inclusive innovative inspiring*

52 Eurobin Avenue, Manly • 9977 5144  
f smcmanly • www.stellamaris.nsw.edu.au

### **Art**

If u like ART in Brookvale offers a weekly after school bus service from St Kieran's on Mondays and Tuesdays for Year K-6 students enrolled in a 3.50 to 5.20pm art or drawing class during school term. Sibling and friend discounts are now available. For bookings contact George 0419 569483 or [george.katos@bigpond.com](mailto:george.katos@bigpond.com) Go to [www.ifulikeart.com](http://www.ifulikeart.com) for full class program.

### **Creating Mindful Connections**

Join Angela for a 3hr workshop to learn about how mindfulness and creative play can enhance your connection with self and your children. Throughout the workshop you will be guided through practices and strategies to manage the day to day stresses of balancing life and parenthood in a fun and playful environment.

During the workshop you will:

- Learn what Mindfulness is and how it effects our brain.
- Experience Mindfulness in a fun and creative way.
- Explore strategies that can prevent our busy lives from leading to overwhelm, stress, and anxiety amongst children.
- Find your inner-child and the magic that it brings into relationships with yourself and your children.
- Develop a tool kit to teach presence, breathing strategies and relaxation/meditation to your kids at home.

Cost: \$59.00 (Includes activities to take home and use straight away). Any questions email

[angelatonkin@behappyyoga.com.au](mailto:angelatonkin@behappyyoga.com.au)

Tickets purchased online through: <https://www.eventbrite.com.au/e/creating-mindful-connections-tickets-43494030817?aff=es2>

<https://www.zencollective.com.au/creatingmindfulconnections>

Angela has been working in the education system for 15 years. She has a Bachelor of Education and has worked with many parents with kids from a diverse range of behavioural, emotional and learning backgrounds. She teaches yoga, mindfulness and relaxation to children in schools, is a senior trainer for *Rainbow Kids Yoga*, has studied NeuroLinguistic Programming (NLP) and is a Master Reiki practitioner. She has a passion for teaching children to connect to themselves and to develop positive relationships with others. She empowers them with effective tools whilst also acknowledging their unique personalities. Angela is passionate about sharing these tools with parents in order to best meet the emotional and behavioural needs of all children, making home life a little more easeful, playful and happy for everyone.

**Keyboard Lessons:** For information on VIP Music classes please follow the [link](#) .



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# Band Workshop

**Dear Parents**

On **Saturday 17 March** we will be holding our annual band workshop for both Junior and Senior school bands. The band workshop is a fantastic way of gaining concentrated learning on an instrument, teaches how to work in their band section and works on how to perform as a group. Band members need to arrive at school at 10:45 am for an 11:00 am start and will finish at 4:30pm.

The children are to wear **casual clothing, bring their instrument, music, music stand, hat, drink, lunch and afternoon tea.**

Several parent volunteers are requested to help monitor the kids throughout the day.

We would appreciate it if you would sign the permission note below and return it to **the office** no later than Friday 9 March.



## **Band Workshop PERMISSION NOTE – return by 9 March**

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in the School Band Workshop 17 March.

I am able / unable (please circle) to help out with monitoring at the band workshop.

Your Name: \_\_\_\_\_ Contact number: \_\_\_\_\_

I have filled in Volunteer declaration form **Yes / No (please circle)**

Does your child have a medical condition of which the teacher should be aware?

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