



63 Gordon St Manly Vale | Office: 9949 3523 | Absentee Line: 9948 9949

Fax: 9949 2230 | skmv@dbb.catholic.edu.au | www.skmvdbb.catholic.edu.au

Issue: 5 3 March 2017

LOOKING AHEAD

March

Sat 4 7.30pm P&F Welcome Evening
Wakehurst Golf Club

Mon 6 Yr 6 Robotics
Catholic Schools Week commences
Premiers [Reading](#) Challenge commences

Thurs 9 Broken Bay Swimming – Mingara

Fri 10 9 – 11am Gala Day Sport clinics
Final date for ICAS [entries](#)

Mon 13 Cross Country

Thurs 16 9.30am Open Morning

Fri 17 9 – 11am Gala Day Clinics

Sun 19 Yr 4 Family Mass

Mon 20 Start Smart Yrs 4 & 6

Thurs 23 9.30am School Tour for prospective parents

Fri 24 Yrs 2 & 3 Yoga
Gala Day Clinics

Thurs 30 9.30am School Tour for prospective parents

Fri 31 Yrs 2 & 3 Yoga
9-11am Gala Day Clinics

April

Mon 3 Yr 4 to Hyde Park Barracks

Tues 4 Soccer Gala Day Yrs 3 & 4 – Rat Park

Thurs 6 Soccer Gala Day Yrs 5 & 6 – Rat Park

Fri 7 Holy Week Liturgy – Yr 5
End Term 1

Mon 24 **Staff Development Day – Pupil Free**

Tues 25 ANZAC Day – **Public Holiday**

Wed 26 Term 2 commences

Thurs 27 Yr 5 Excursion to Rouse Hill Farm & House
9.30am School Tour

Fri 28 Yoga Yrs 1 & 5

Dear Families

The Season of Lent began this week with Ash Wednesday. Many classes joined the parish community in marking this special day while the younger grades received the ashes in a class liturgy. Lent is the time when we prepare for the celebration of Easter; we do this through three different acts. These are prayer, self-denial (abstinence) and helping others (almsgiving). Traditionally, Lent is a “sombre” time of the year, but as Father Paul said at Mass on Wednesday, echoing the words of Pope Francis, there is no reason why we cannot do these acts with a sense of joy. I hope you and your family are able to consciously partake in these penitential acts during Lent.

Our Liturgy Leaders represented our Year 6 leaders at a gathering with Bishop Peter Comensoli at the Light of Christ Centre at Waitara yesterday. Primary school student leaders from across the Diocese gathered to take part in a special Mass and to hear about the meaning of leadership through a Catholic lens. Look for their report in the newsletter.

Year 5 students spent a day during the week being challenged by coding and robotics. There was some amazing work being done by the students in getting their robots to move, dance and synchronize in groups. Other classes will have the opportunity to take part in this activity later in the year.

Congratulations to our swimming representatives at the Northern Beaches Learning Community of Catholic School Swimming Carnival on Tuesday. St Kieran's was a very close second place out of the thirteen schools that were represented. It was wonderful to see the terrific sportsmanship amongst our swimmers and that of the other schools. Quite a few of our swimmers have been selected to compete in the Broken Bay carnival next Thursday night at the Central Coast.

The St Kieran's Open Day is fast approaching. It is an opportunity for new families interested in enrolling in the school to come and visit, see what a wonderful school community we have, and to hear from parents, students and teachers. I ask for your assistance in telling others who are looking for a school for next year to come along and see for themselves our great school. Any help in distributing flyers would also be gratefully appreciated.

Congratulations to the Piggot family on the arrival of a new brother this week.

I am looking forward to meeting many of our families at tomorrow evening's welcome gathering at Wakehurst Golf Club.

Finally, I ask that you keep Kevin in your prayers. He had some day surgery earlier in the week and is taking a few days off his volunteer duties to recover. I visited him yesterday and he is in good spirits. We look forward to seeing him back at school next week.



Michael Gallagher
Principal

★ ★ ★ AWARDS ★ ★ ★

KC	Benjamin P and Amelie P	KH	Zara B and Ryan M
1L	Olivia N and Emma S	1R	Ava C and Ella M
2C	Maddison R and Liam K	2S	Oliver O and Madhulika S
3B	Daniel P and Amy S	3S	Owen B and Charlotte H
4G	Sabrina F, Illyra G, Blake U and Isabelle L	4K	Phoenix B and Grace H
5H	Zoe S and Sam Z	5R	Isabel K, Ella-Jane C, Catie S
6	Daniel M and Ruby M	PE	Alasseia S, Lucy W and Harrison D
Italian	Ronan H, Olly P, Catherine B, Amy S, Isaac C and Ella-Jane C	Band	Leilani C and Ashleigh W

FROM THE ADMINISTRATION OFFICE

Student Absences

From Monday parents will receive an SMS message if their child has not arrived at school and no communication has been made to the school regarding the absence. All teachers mark their rolls prior to 9.30am and the SMS will be sent out around 10am.

Please ensure you have called the school on 9949 3523 or 9949 4063 or 9948 9949 and have pressed 1 to be put through to the absentee line.

- **Late Arrivals** – the number of students arriving late to school due to 'running late, overslept or traffic' has increased. This causes interruption to class teaching time. Please keep in mind that the first bell is at 8.43am and classes commence at 8.45am.

Sibling Enrolments 2018

Enrolments are now open for Kinder 2018. If you have a child starting next year please download Enrolment forms from the school [website](#) and come along to the **Open Morning 9.30am Thursday 16 March**.

Car Park Guidelines: Please read [carefully](#)

SCHOOL NEWS

Fallow Week

At St Kieran's we typically set aside the seventh week of each term as a special "Fallow Week". We've based this on the events of the Creation Story in Genesis:

By the seventh day God completed His work which He had done, and He rested on the seventh day from all His work which He had done. Genesis 2:2

There is no Homework sent home during Fallow Week and no meetings scheduled for the week. This allows everyone in our community to enjoy a slower pace during the week. Although this would normally occur in Week 7 of the term...for this term only – it will be **Fallow Week** next week **March 6-10**. It might be a good idea to plan something restful with your children in the afternoons for next week!

Library News

For information about the Premier's Reading Challenge (PRC), please see <https://online.det.nsw.edu.au/prc/home.html>.

Northern Beaches Cluster Carnival

Congratulations to all the students who competed for St Kieran's at the Northern Beaches Cluster Carnival. St Kieran's did extremely well, coming 2nd overall in the point score. Many of our students have been selected to

represent Northern Beaches at Broken Bay, these students are:

Kirra M, Zoe S, Isabella K, Mila A, Louis T, Christian C, Lachlan H,
Jackson Q, Opal B and Daniel M.

We wish them luck when they compete next Thursday evening. A special thank you to the parents who volunteered to time keep on the day, we really appreciate your help and these days would not be possible without you! Also thank you to Grace P (one of our Sports Leaders) for assisting Mrs Uchino in organising the students in the stands.

Religious Education News

Last Sunday our Year 2 students prepared the Sunday morning Mass for the Parish. The Mass was a vibrant affair with high participation from both Year 2 and 3 students. Thank you to the Parents who provided hospitality and participated in many ways in their children's faith journey. Thank you also to the teachers for their careful preparation and attendance.

Our School and Parish community celebrated the beginning of Lent with a well prepared and reverent Mass on Ash Wednesday. Thank you to Year 5 children and teachers who lead our Mass. Sincere thanks to the wonderful Mr Ben Marshall for leading the music and Fr Paul who presided at the Mass.

Bishop Peter called together Year 6 Leaders from across the Diocese yesterday. The Liturgy Team drove to Waitara, thank you Karen Adamson, to join the Leadership day.

Our first leadership excursion was really fun and interesting. We got to meet Bishop Peter and leaders from other schools. I learnt a lot about using power the correct way. For example, that being a leader is not about just the badge, it's about the actions we perform. Bishop Peter really influenced me to be a better leader in the future, but with good power. It has been a great day. By Mya D

As we walked into the huge hall I saw hundreds of faces smiling in the crowd. I thought to myself how lucky we were to be representing our school at such an exciting event. Bishop Peter Comensoli, was dressed in a very different way. He was wearing, a black top, a black blazer and a shiny, silver cross that was hanging from his neck. I personally liked how Bishop Peter explained to us step by step how everything worked in the Mass. He made some slight mistakes but after all no one is perfect. By Olivia G

Bishop Peter inspired me to use my leadership powers for good. He encouraged me to influence others in the ways of Jesus by acting and talking like Jesus. This means I talk the talk and walk the walk like Jesus did and I hope to be an example of Jesus like behaviour in my school. By Natasha V.

We shared Mass with children from all the schools in the Broken Bay Diocese. Did you know that our diocese is broken up into three clusters, The North Shore, The Central Coast and us, The Northern Beaches? During the Mass Bishop Peter kept stopping and explained to us why we do what we do. I learnt a lot from this. We also had a Greek lesson as many words we use in the Mass come from Greek origins. For example, LITURGY means work. We thank Bishop Peter for spending so much time with us. By Sara C

ICAS Competition

Educational Assessment Australia (EAA) conducts an Academic Competition called 'International Competitions and Assessments for Schools' (ICAS) for students in Years 3 – 6 who are achieving at a high level and wish to participate in the competition. If you would like to know more and/or enter your child please click [here](#)

Congratulations - Polding Basketball Selection

In over 40 degree heat, Opal B (5H) successfully represented Broken Bay to gain one of only 10 positions available in the Year 5/6 Polding Girls Basketball Team. Representing Polding, Opal will now compete at the NSW PSSA State Carnival in August for a week in Canberra (where it should be a little cooler!). Well done Opal.

Do You Really Know Enough About Digital Technology To Protect Your Child?

Recent studies show that 70% of students are hiding their online behavior from their parents. This is why most parents feel their children are safe online. But are they?

Many parents either don't want to know what their children are up to online out of fear of what they might find out, or think because they (the parent) use social media and technology that they know enough to protect their children from harm online.



But did you know that children/teens use technology and apps very differently from the average adult? They share different content, and explore the internet in a way most adults do not. Scroll through your child's Instagram account one day and see what they see!

Don't wait till something goes wrong before you get up to date with your child's online world. How Cyber Smart Are You...Really?

Quick quiz.

- Where are the settings to filter out adult content on Google/YouTube?
- Which apps are the worst for cyber bullying and most used by predators?
- Where do you report Cyber Bullying?
- Why do kids love Snapchat so much - is it safe?
- Why is hiding your friend's list on Facebook essential, & how do you do that?
- Best way to supervise your child online without being seen as spying?
- What is the most effective way to get children to switch off?
- How do you tell if an app is safe or not?
- What are "Yellow" "Kik" "Snapchat" and "Musical.ly" can they be used safely?
- What is a #hashtag and why do you need to know?

If you can't answer these questions you probably don't know enough about cyber safety to really help protect your child online.

To find out the answers to these important questions you need to attend this "one of a kind" [Cyber](#) Safety talk. Leonie Smith "The Cyber Safety Lady" helps parents navigate through the digital minefield with up to date information on the latest online trends and apps.

PARENT NEWS

Canteen

Thank you to all those wonderful volunteers that helped out on Shrove Tuesday, you did an amazing job.

We still have a couple of gaps on the Roster to fill, if you are able to help out termly for these below dates it would be greatly appreciated:

- 1 x volunteer required for Week 5 of each term on a Thursday, 9.00am to 1.50pm, **May 25, August 17, and November 9?**

NEXT WEEK's ROSTER (Term 1 - Week 6):

Wednesday 8 March: Trisha Byrne, Charmaine Skea

Thursday 9 March: Faye Romance, Lynne Reeves, Len Sim

Friday 10 March: Susan Nicols, Deb Barton, Kate Williams

- Full day Volunteers are required from 8.50am to 1.50pm.
- Morning Volunteers are required from 8.50am to 11.15am (M).
- Lunch Volunteers are required from 11.15am to 1.50pm (L).



<https://www.flexischools.com.au>

Any changes to the canteen roster, please contact: Jo Nesbitt - joanne.nesbitt@dbb.catholic.edu.au or text 0410 629 135.

Uniform:

To order please go to the Pickles [website](#).

COMMUNITY NEWS

- St Paul's** Open Evening Thursday 2 March 4 – 7pm [here](#)
- Marist** College North Shore Open Day Saturday 11 March 10am – 2pm [here](#)
- Manly Warringah **Basketball** [competitions](#)
- The **St John of God Institute of Counselling**, established in 1969, offers a course designed to develop skills in personal growth, communication, parenting and general counselling principles. Participants can learn new skills in dealing with daily personal challenges and the issues that arise within families, the school environment, pastoral care and in the workplace. It is conducted on Tuesday evenings within the school term between 7.30pm – 9.45pm at Holy Cross College, Victoria Road, Ryde. Enrolments are accepted up to the end of March. The cost for the course is \$450.00 for the year with an early bird offer of \$400.00 if paid in full by the end of March 2017. For enquires please contact: Carol Harding - 0408 705 848 (anytime); Jannelle Carlile - 0431 598 004 (5.30 to 8.30pm Mon to Fri); or Email: counselling1969@gmail.com

RETURN SLIPS

✂-----

Library Volunteer for 2017

I am willing to cover books with plastic / contact (please circle preferred)

Name _____ Contact Number _____

Child's Name _____ Class _____

I am willing to shelve books on:

Tuesday (morning/afternoon)

Wednesday (morning/afternoon)

Weekly

Fortnightly

Monthly

Once per term

