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Issue: 15 20 May 2016

LOOKING AHEAD

May		Wed 8th	Italian Day & Italian lunch 1.50pm Assembly
Tues 24th	Broken Bay Cross Country	Fri 10th	Yr 1 Robotics Yrs 3 – 6 Eagle Tag skills
Wed 25th	National Simultaneous Storytime – Bring your favourite hat to school. Resilience Course for Parents 7pm in the iCentre - Click here	Tues 14th	2pm Assembly – Creative Arts Athletic Carnival Narrabeen
Thurs 26th	Parish Function/Funeral – may cause disruption at dismissal	Wed 15th	ICAS Writing this week
Fri 27th	Robotics Yr 3 Yrs 3 – 6 Eagle Tag skills Parish Function/Funeral – may cause disruption at dismissal	Thurs 16th	ICAS Spelling Yr 6 visit Water Research Lab Manly Vale
Mon 30th	Robotics Kindergarten St Vinnies Winter Appeal this week	Fri 24th	Staff Development Day – Pupil free
June		Mon 27th	Civics Team at Parliament House
Thurs 2nd	Parent Prayer 9am Kieran Rm	Tues 28th	Gala Day Yrs 3 & 4
Fri 3rd	Kinder Robotics Yrs 3 – 6 Eagle Tag skills 2pm Assembly Yr 4 & Sport Team	Thurs 30th	Gala Day Yrs 5 & 6
Mon 6th	Yr 1 Robotics	July	
		Fri 1st	End Term 2
		Mon 18th	Term 3 commences

SCHOOL NEWS

Special Invitation - The Resilient Child

I would like to extend a special invitation to all our parents and carers....

If you are free next Wednesday night 25 May at 7pm, the Parent Education Team from the Diocese of Broken Bay will be holding a workshop entitled *The Resilient Child* at St Kieran's.

This workshop, which will be held in the iCentre, is free of charge and will support parents by providing ideas and strategies to help develop resilience in their own child.

Our modern life is often hectic and full of so much distraction that it can result in feelings of discomfort or anxiety. This workshop will support the development of lifelong wellbeing skills and as such is an excellent opportunity for parents and carers to come along, listen, discuss and gain positive insight into approaches that support wellbeing in children. I look forward to seeing you there! . Please click on the link in the calendar above for further information and to RSVP.

Marisa Bombardieri

School Playground

It is wonderful to see so many parents and toddlers/younger siblings come into our playground in the mornings as students are accompanied to school. This builds a very positive sense of community and one we are very proud of at St Kieran's.

When the bell rings to signal the start of the school day, the children know exactly where their designated place is for lining up in order to meet their teacher. As many of you can appreciate however, in the mornings (before school) our playground can often become very busy or congested and this can sometimes impact on the different classes' space for lining up.

Parents, we ask that you are mindful of these designated spaces where the classes line up and make space for the children so that they can then line up in a calm, orderly manner before walking to their classrooms.

Thank you for your support and consideration in this matter.



St Vincent de Paul Winter Appeal

The Mission Team of Harry, Rose, Ruby, Simon, Samantha and Sophie recently attended a Mission Project Workshop Day and came away with some enthusiastic ideas. Although the weather has been very mild, winter is approaching and it is time to reach out to those less fortunate.



During Week 6 (30 May – 3 June) an Annual Winter Appeal will be taking place.



- Children in Years 1 & 2 are being asked to donate either socks or gloves
- Children in Years 3-6 Beanies and scarves (all preferably new).
- We would also like you to check through your pantry for some non-perishable food (rusty tins are not really suitable for donation)
- Any used, but in good condition blankets and sleeping bags would be appreciated.



From Monday 30 May, there will be large boxes outside the main office under the noticeboard marked with the different categories to put your donations in. We know we ask for lots of things from families so we understand that you can only give what you can, however generosity is a great lesson we can teach our children.



A heartfelt thank you in anticipation of your support.

Wendy Rose and the Mission Team

Request to Administer Medication at School

Please read the important information regarding Administering Medication at School (see below). Should you require medication to be given to your child at school you must download and fill in the Request to [Administer Medication form](#) located under Parent Information on our Website. This must be completed by a Medical Practitioner. Medication must be in its original packaging and clearly marked. If your child suffers [Asthma, Anaphylaxis or allergic reactions](#) the school requires **up to date** Plans filled in by a **Medical Practitioner**.

A special note for asthma sufferers, if your child suffers an increase in their asthma medication other than their normal requirement the school requires specific written information on their needs (plus their up to date action plan from a medical practitioner). We also require information on when their dosage returns to normal.

**if you are visiting a medical practice please take the [Request to administer medication form](#) with you **

Minimising the spread of sickness at school

We have had an influx of children being sent to the office sick. There appears to be several bugs in the air at the moment. To minimise the spread of infection please remind your children of a few simple hygiene measures:

- Covering the mouth and nose when coughing and sneezing
- Washing hands frequently
- Not sharing food
- drink lots of water

If students are feeling unwell please consider keeping them at home and seeking medical attention to help reduce the spread of illness.

Pick up arrangement for your child

Please try to remind your child in the morning of their afternoon collection method. **Perhaps put a note in their lunchbox**. Many parents are calling the school to ask for a message to be relayed to their child about how they are getting home in the afternoon. We appreciate that there are sometimes unavoidable changes, however, we wish to minimise interruptions to the classrooms during important learning time. If you do need to make a change of arrangement please try to **contact the office before lunch** so a note can be given to the teacher outside of class time. Please do not email the office the change of arrangements.

Student Dismissal Thursday 26th & Friday 27th May

Please be aware that due to functions/funerals in the Parish Centre on the above days there may be significant disruption to the carpark and access on to Condamine St. Please consider parking elsewhere on those days.

National Simultaneous Storytime

National Simultaneous Storytime is held annually by the Australian Library and Information Association. Every year a picture book, written and illustrated by an Australian author and illustrator is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

The aim of National Simultaneous Storytime is to:

- promote the value of reading and literacy;
- promote the value and fun of books;
- promote an Australian writer and publisher;
- promote storytime activities in public libraries and communities around the country;



In 2015 over 500,000 children at over 3,100 locations across Australia took part in National Simultaneous Storytime.

Next Wednesday, the whole of St Kieran's School will participate in the National Simultaneous Storytime (along with many other schools). After morning tea, the story, "I Got This Hat." will be read and we are inviting each student to **bring their favourite hat** to school to wear during this time.



★ ★ ★ AWARDS ★ ★ ★

KC	Jj P, Sasha C	KR	Oliver F, Aaron C
1L	Oliver S, April U	1R	Nicholas H, Oscar P
2B	Regan Y, Sofia F	2S	
3B	Alexander F, Christian C	3S	Mitchell A, Catherine B, Harrison L
4R		4U	Jackson J, Jessica R
5L	Kye P, Mill A, Isabella D	5W	Grace P, Daniel M
6	Ruby Q, Zara H, Stella N, James N	PE	Zoe M
Italian	Blake U, Hannah S, Jessica C, Jessica W	Band	Lily Q, Chloe W

Northern Beaches Cross Country

Well done to all of the students who competed at the Northern Beaches Cross Country Competition on Monday 16 May. Congratulations to the following students who will be competing in the Broken Bay Cross Country Trials at Fagan Park on Tuesday 24 May.

Eve S	Dahlai A	Jayden W	Angus M	Kai M
Opal B	Milla A	Jackson Q	Zack A	Lachlan C
Zanthe J	Brianna G	Blake U	Kye P	Joe M
Tara N	Tadhg M	Charlie R	Iggy M	

GOOD LUCK !!!

PARENT NEWS

Parenting Ideas from Michael Grose

A reminder that there is much information to be found for parents on the school website. Take some time this weekend to read articles from Michael who is one of Australia's leading parenting educators. These [articles](#) include 'Worrier to Warrior', 'Raising Mighty Boys', 'The Trick to be at your Parenting Best', '10 Ways to promote good Mental Health'.

Canteen

Thank you to all the Volunteers, without you our Canteen could not operate.



Italian Day will be held early this year on **Wednesday 8 June 2016**. All ordering of pizza and Gelato will be done online at **FlexiSchools** <https://www.flexischools.com.au>. Pre-ordering will be available up until Wednesday 1 June 2016, so make sure you get in early. Traditional Italian Pizza slices are \$2.50 each and Gelato cups are \$1.50. We will need at least 10 volunteers to help on this day, if you are able to help please tick the box in the Italian Day ordering section in FlexiSchools.

NEXT WEEK's ROSTER (Term 2 - Week 5):

- **Wednesday 25 May:** Sania Saady (M), Amanda Raleigh, Ally Browne (A)
- **Thursday 26 May:** Jenni Schofield, Lynne Reeves, Len Sim
- **Friday 27 May:** Nicole Covich, Juliette Cronin, Di Gennusa
- Full day Volunteers are required from 8.50am to 1.50pm.
- Morning Volunteers are required from 8.50am to 11.15am (M).
- Lunch Volunteers are required from 11.15am to 1.50pm (L).

<https://www.flexischools.com.au>

Any changes to the canteen roster, please contact: Jo Nesbitt - joanne.nesbitt@dbb.catholic.edu.au or text 0410 629 135

Uniform

Stocks are running low and once depleted you will need to go to Pickles at 8/48 Wattle Rd Brookvale.

We are currently out of:

Size 4

- Microfibre Tracksuit Pants
- Microfibre Tracksuit Top
- Boys Navy Trousers

Size 6

- Microfibre Tracksuit Pants
- Long sleeve Sports Top
- Girls Winter Shirt (peter pan collar)

Size 8

- Long and short sleeve Sports Top
- Short sleeve boys School Shirt
- Boys Navy Trousers
- Boys and Girls Winter Shirt

Size 10

- Microfibre Tracksuit Pants
- Girls Winter Shirt

Size 12

- Girls Winter Shirt

Size 14

- Girls Summer Tunic
- Boys Winter Shirt

Boys Uniform order form: [click](#) here

Girls Uniform order form: [click](#) here

- **Opening hours:** every second **Thursday** from 8.30am - 9.30am – next open **Thursday 2 June and then every 2nd Thursday after.**
- Orders will be filled alternate Thursdays. Order forms available at reception or on the website.
- Stock held at office: ties (girls & boys), hats, excursion bags, & scarves. Please have the correct money as only small change is held.
- EFTPOS and credit card facilities are available at the Uniform Shop.
- If you have any uniform queries please email: lizsnell72@gmail.com

PARISH NEWS

Sacramental Program

Enrolment for Confirmation on Tuesday 7 June between 9.00am and 10.00am or 6.00pm and 7.00pm at St Kieran's Church. All documentation including Registration Form to be handed in. Confirmation Parent Information Meeting is on either **Tuesday 19 July at 9.30am or Wednesday 20 July at 7.00pm at St Kieran's Church.** Some parents may not yet have collected a Parent Pack which includes the Registration Form and 2016 – 2017 Sacramental Program dates. These can be collected from schools, parish office or from the back of both churches. Parents are encouraged to give some thought to forming Family Groups for Confirmation and taking on the role of a Group Facilitator/Co-Facilitator, training and materials are provided.

For parents who may be interested: Our Parish offers a preparation program for:

- children aged seven years and older who are not baptised and would like to receive the Sacrament of Baptism;
- children who have been baptised into another Christian denomination who wish to be received into the Catholic Church and participate in the Sacramental Program;
- children/young people/adults who have been baptised Catholic who may not have received all the sacraments;
- parents with children who are participating/have participated in the Sacramental Program who may wish to become Catholic.

Please contact Janette on sacramentalcoordinator@northharbourcatholic.org.au or 0408 866 521 for further information.

COMMUNITY NEWS

- **Mater Maria Festival - Friday May 27, 2016 1.00pm-7.00pm:** Please mark in your diaries the Mater Maria Festival which is scheduled for Friday 27 May from 1.00pm to 7.00pm at the College (5 Forest Road, Warriewood). All are welcome to join us under the Stars as we eat, drink and be merry! Enjoy international foods, rides, performances by our musicians and dramatists and to pick up some bargains at a heap of stalls. For further information visit www.matermaria.nsw.edu.au
- **Stella Maris College** 2019 Yr 7 Enrolment – for further information click [here](#)

- Saturday Afternoon Basketball - new basketball competitions starting in term three. Players wishing to start should register & train on [Saturdays](#)

NEW Yrs 3456
DRAMA CLUB

MONDAY LUNCHTIMES

ENROL ONLINE OR RING STEPH 0407 235 914
www.dramascene.com.au



ADMINISTRATION OF MEDICATIONS IN SCHOOLS SCHOOL NEWSLETTER ITEM

The Broken Bay Diocesan Schools System 'Medication policy' and 'Administration of Medication in Schools: Guidelines and Procedures' have been revised.

St Kieran's Manly Vale is committed to supporting students' health and wellbeing. We require parents / carers providing the school with any relevant health information that is required to support the student at school. While this information is collected at enrolment it needs to be updated regularly, including when a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes, epilepsy and other health conditions that may require school staff to provide support to students; *(including the administration of medication – prescription or over the counter medication and the need to perform health procedures)*: will need to be provided to the school in writing in the form of an 'action plan' or 'health care management plan' and signed by both the parent / carer and a medical practitioner or a prescribing health practitioner. This must then be discussed with the school.

Additionally, any student health care need, action plan or health care management plan that may impact on school activities such as sports, excursions (including camps) must be provided in writing and supported by a medical practitioner / prescribing or qualified health practitioner's advice.

All Broken Bay systemic schools require medical authorisation from a prescribing medical or health practitioner to administer any medication to students (including over the counter medications such as Paracetamol, Claratyne etc).

Please ensure you inform the school office staff of any changes to contact details including the contact details of the people nominated as emergency contacts.

We thank you for your assistance in this matter.

All information is kept confidential and only disclosed to the relevant staff who are supporting your child.

For any enquiries, please contact the school office on telephone the school on 9949 3523