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St Kieran's Catholic School, Manly Vale



©St Kieran's Catholic School Manly Vale

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Looking ahead Term 4

Week 3	Week 4	Looking Ahead continued
Monday 19 th • 9 – 9.30am Open Classrooms RE Friday 23 rd • Tombola and Mufti Day • Yrs 5 & 6 Yoga • 2pm Assembly – Kinder Sunday 25 th • 9.30am Mass – School Choir	Friday 30 th • Kinder 2016 Transition Saturday 31 st • Family Fun Day	November Tues 10th Stella Maris Yr 7 Orientation Tues 17th Scholastic Book Fair Wed 11th Italian Day – mufti. Assembly 1.50pm Wed 18th Scholastic Book Fair Thurs 19th Scholastic Book Fair Fri 20th 2pm Assembly – Bank & Robotics December Thurs 3rd Swimming Carnival 12.15 – 3.30pm

Principal

Dear Families

This week new (and existing) families arrived at the school for the Kindergarten Transition where I addressed parents on the nature of early learners and the implementation of the Early Learning Framework in Kindergarten. I spoke of the Australian Early Developmental Index that measures five areas of early childhood development which are linked to the predictors of good adult health, education and social outcomes: *physical health and wellbeing; social competence; emotional maturity; language and cognitive skills; communication and general knowledge.*

At St Kieran's we are striving to develop students that are confident and happy learners. In partnership, the school is working with parents to ensure that our children leave the school knowing their strengths; academic, physical, social and emotional as well as feel confident in their ability to learn. In order for this to occur, our children need to be confident in taking risks, that is, 'having a go' and developing an open mindset to all they encounter within the primary school setting.

A blind man had been waiting a while at a busy road for someone to offer to guide him across, when he felt a tap on his shoulder. "Excuse me," said the tapper, "I'm blind; would you mind guiding me across the road. The first blind man took the arm of the second blind man and they both crossed the road. After the event the first blind man, who was George Shearing, the famous Jazz pianist, commented: "What could I do? I took him across and it was the biggest thrill of my life!"

This incident illustrates that sometimes taking a risk can help reduce our dependency on others and lead to the discovery of new capabilities and personal satisfaction. When it comes to our children and risk taking, we would not want them to step out 'blindly' when someone taps them on the shoulder and offer them a "dare". Part of raising our children is to help them to define boundaries. It's a balancing act that requires knowing when to let children take risks in safe environments, as against taking risks in situations where they would endanger themselves or others.

Taking risks allows children to understand the concept of trial and error. Success will certainly build self-confidence within our children and, inevitably, failure will not only make them acknowledge their boundaries, but will provide them with opportunities to cope with the negative emotions that accompany failure. Self-confident children have the inner fortitude to try new things, even if there is a possibility of failure. So, if we can control our urge to step in and provide solutions we may witness our children engage in creative thinking; also, we might witness our children explore their own abilities and rejoice in their own accomplishments.

It's possible, that we parents might guide our children away from challenging situations, so we won't be inconvenienced in some way. "However, children's development involves taking risks and operating outside of their comfort zone. If we constantly prevent our children from taking risks, they may stagnate within their own comfort zone and impede their own development" David Eager, University of Technology, Sydney

Positive risk-taking behaviour can be most beneficial to our children and the more practice they have with identifying risks and acting accordingly, the better prepared they will be to handle potentially dangerous situations and to solve problems in the future. Of course, our children need to know how to differentiate between good healthy risks, such as bush walking and bad destructive risks, such as sitting endlessly with computer games and being a possible candidate for childhood obesity.

Risk-taking allows our children to try new physical activities, test the limits or their physical, intellectual and emotional development and gain mastery over their bodies. Risk-taking prepares our children for interaction with the real world beyond what might be our overprotective homes. If our children are not exposed to risk-taking, they could become fearful and timid children who lack confidence and decision-making skills.

God bless,

Terri Paterson **Principal**

FEP axerso



Assistant Principal

This term I will be working with the Kindergarten teachers and children over the coming weeks as part of the <u>Co</u> <u>Teaching Program</u>. Co Teaching is really a form of Professional Learning that is structured in such a way that it comprises support, leadership and mentoring.

Our direction for this year has been to work on problem solving strategies with a focus on the skills of <u>Working Mathematically</u> (which are found in our Maths Syllabus). This is an area we have identified as being crucial to the needs of our students as they move through their schooling years and eventually towards employment in the 21st Century.

Our NAPLAN results interestingly highlight the need for a greater ability to solve multi layered, complex problems. This requires creative thinking and the ability to make connections between concepts or ideas. It requires thinking "outside the box" and being able to view a situation from a variety of perspectives. It is all about the development of an open mindset and ability to effectively communicate thought processes or solutions. This has been and continues to be promoted by leading educationalists and theorists. The ideas Terri and I heard at the ACEL Conference, which were put forward by Yong Zhao (as outlined in last week's newsletter…) confirm this thinking.

On Tuesday night I presented a summary of our NAPLAN results to the School Board. What ensued was interesting, vibrant discussion reflecting on the type of learner today's student is as well as discussion around defining their needs.

Cutting edge thinking tells us we must be redefining schools and identifying new ways of developing our students. Teaching and learning in today's world is so much more than transferring of facts or even of processes. It is about using and developing inherent talents in our students and developing (as Yong Zhao points out) their ability to be "entrepreneurs" of their ideas and thinking. When this is looked at from the viewpoint of problem solving in Maths and the skills of Working Mathematically e.g. proving, working systematically, justifying etc, it makes sense that our focus on investigations/problem solving tasks is providing strong developmental support for our 21st century learners.

The Co Teaching program works well because it opens professional dialogue between teachers and provides a forum for sharing knowledge and expertise.

Have a lovely weekend! *Marisa*

Religious Education Coordinator

Altar Serving: A great way to participate in the Celebration of the Eucharist!

We offer our sincere thanks to Senior Servers Mr Michael Mc Mahon and Mr Ian Woodbury for leading the children through the duties of an Altar Server. The children who attended training will be placed on a school roster in order to serve on the altar at mid-week school events. Those children who are interested in serving on weekends will receive a letter from the school with parish information and contacts so they organise to serve on a monthly parish roster. Thank you to our new altar servers for their enthusiasm and participation.



Dates for your Diary

- Sunday 18 October: Yr.4. Family Mass Church
- Monday 19 October: Open Classrooms Religion 9 9.30am
- Thursday 22 October: Mission Mass Yr 6 Mission Team at Waitara
- Sunday 29 November: Yr 5 and Kindy 2016 Mass Church



- Friday 11 December: Carols Evening Playground
- Monday 14 December: Yr 6 Celebration Liturgy Evening Church
- Wednesday 16 December: End of Year Thanksgiving Mass 11.30 Church

Yours in Religious Education, Mrs Kerrie Wetzlar

*** Awards



KC	N Meagher, M Lines	KR	D Punch, M Ross
1L	G Wilson, T Booth	1R	A Browne, P Frollano
2B	H Joseph, C Schwarz	2S	A McGrath, C Daly
3B	T Jolly, J Lines	3S	L Moore, R Finn
4C	Z Americano, O Glavin	4S	E Hansen, A Ingleton
5L	S James, S Buckley	5W	S Andrews, C Collins
6	S Youngman, L Donohoe, C Durnin,	PE	M Hamill, S Simons
	J Rainey Williams, K Ramsay		
Italian	M Tully, C Fawcett, C Collins,	Band	O Glavin, J Connor
	B Gennusa		

School News

School Fees

Please ensure you are up to date with your school fees. If you are paying by 3 standard instalments the third and final payment was due 24 July. Unless arrangements have been made with the office, outstanding accounts will be forwarded to the **Catholic Schools Office for collection.**

For those families paying by weekly, fortnightly or monthly instalments, all accounts will need to be **paid in full by mid-November** unless alternative arrangements have been made with the office. If you are behind in your instalments please bring your account up to date.

Book Club

The current issue of Book Club has closed. No late orders accepted.

Italian Day

Italian Day will be on Wednesday 11 November this year. Students should come dressed in mufti wearing a combination of some or all of the Italian colours of red, white and green. The canteen will be serving a special lunch of pizza and gelato which must be ordered through a separate note that will go home shortly.

We will also be having an Italian/ Creative Arts Assembly commencing at 1:50pm where we will showcase what we have been studying in both in Italian and Creative Arts this term. Our theme this year is the Seasons and we will be incorporating some classical music through mime and performance. We hope you can join us!

Signora Morehouse and Mr Waller

Library News

While participating in the Premier's Reading Challenge, S and J Perry also raised funds for the books they read. They got sponsors and raised money for the Dymocks Children's Charities Book Bonus. Not only did St Kieran's receive these wonderful new books but another school less fortunate than us did too. Book Bonus has successfully raised thousands of dollars this year to help

resource schools around NSW. We hope that more students will participate next year! We would like to congratulate them for all their efforts.

School Choir

The School Choir is singing at 9.30am Mass this Sunday morning. Please be there at 9am to have a run through of the songs. We look forward to seeing you there.

Kathryn and Maria

Information from NSW Health - Whooping Cough Alert

There has recently been a reported case of Whooping Cough (pertussis) at St Kieran's

What are the symptoms?

Whooping cough usually starts with a runny nose, followed by persistent cough --often worse at night --that comes in bouts. Bouts may be followed by gagging, vomiting or gasping for air. Whooping cough can cause a very severe illness in young children particularly those aged under 6 months.

How is it spread?

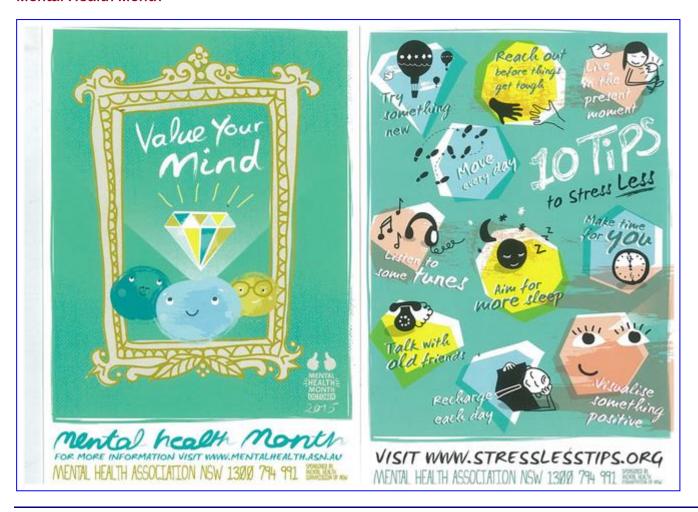
Whooping cough is usually spread by direct contact with the droplets from the nose and throat of an infected person produced whilst coughing. People at greatest risk of getting the illness are those who have had a considerable amount of face-to-face contact with a person with the disease. Whooping cough can occur in people previously vaccinated.

What should parents do?

Anyone developing symptoms should consult their local doctor and mention that there are cases of Whooping cough in the school. Children who are diagnosed with Whooping cough need to stay away from school until they have taken 5 days of a special antibiotic.

For further information please refer to NSW Health at the Northern Sydney Public Health Unit on 9477 9187. http://www.health.nsw.gov.au/Infectious/whoopingcough/Pages/Information-for-childcare-and-schools.aspx or contact Sincerely,

Mental Health Month



Parent Community

st.kierans.pf@gmail.com

Uniform Shop

- Opening hours: every second Tuesday from 8.30am 9.30am next open Tuesday 27 October.
- Orders will be filled alternate Tuesdays. . Order forms available at reception or on the website.
- Stock held at office: ties (girls & boys), hats, excursion bags, & scarves. Please have the correct money as only small change is held.
- EFTPOS and credit card facilities are available at the Uniform Shop.
- If you have any uniform queries please email: lizsnell72@gmail.com

Canteen

Thank you to all the Volunteers, without you our Canteen could not operate.

NEXT WEEK's ROSTER (Term 4 - Week 3): Wednesday 21 October: J Funtanilla, J Quarrell Thursday 22 October: A Perry, J Ruddock, K Sui (M)

Friday 23 October: E Griffiths, A Osbon, K/P McCahey (M), J Townsend (L)

• Full day Volunteers are required from 9.00am to 1.45pm.

- Morning Volunteers are required from 9.00am to 11.30am (M).
- Lunch Volunteers are required from 11.30am to 1.45pm (L).

https://www.flexischools.com.au

Any changes to the canteen roster, please contact: Jo Nesbitt - joanne.nesbitt@dbb.catholic.edu.au or 0410 629 135.

School Banking

BE AN 'OUTER SPACE SAVER' WITH SCHOOL BANKING

School Banking is back again on Friday mornings from 8:20 in the playground.

This year you can earn tokens with every deposit you make. Get 10 tokens and select one of the super rewards. You also earn St Kieran's commission with every deposit you make – that's a WIN WIN!

If you would like to join, go to your nearest Commonwealth Bank branch and open a YOUTHSAVER account then come along and start saving.

Parish News



Community News

- Stella Maris College, Manly Enrolments Year 7 2018: If you wish to enrol your daughter at Stella Maris College, Manly for Year 7 2018, we need to receive the Registration for Waiting List no later than Friday 30 October, 2015. The Registration for Waiting List can be downloaded from our website www.stellamaris.nsw.edu.au. For more information on enrolment or if you would like to visit our College, tours can be booked by contacting the College Registrar, Mrs Kerrie Dudley on 9976 1802.
- **Brookie Show** Saturday 17 October 10am 4pm at Brookvale Oval. Free entry Rides, puppets markets motorbike stunts, circus fun
- **Pinkball** starts this Saturday 17th so get your forms in asap or ring MWBA 99133622 to phone book. Pinkball girls only training with our female Rep players as coaches. October 17th 2.30-3.30pm. Great program for girls.
- Stepping Stones Triple P: part of the world-acclaimed Triple P Positive Parenting Program, gives parents skills and proven strategies to address parenting concerns and make parenting easier and more enjoyable. It aims to improve the health and wellbeing of children with disabilities and their families by increasing access to evidence-based parenting support in the community. Where: Cerebral Palsy Alliance, 187 Allambie Rd, Allambie Heights RSVP: As these programs are being funded as part of a research project please contact the research team to register your interest. Phone: 02 9114 4060 Email: fhs.Steppingstones@sydney.edu.au Limited childcare places available please Register via email dlawler@cerebralpalsy.org.au



Cunningham's,

our Major Sponsor of the Family Fun Day

invites you to join them at the Pink Tractor Trek this

> Sunday, 18 October from 8.00am at Queenscliff Beach

It should be lots of fun! We hope to see you there

YOU ARE INVITED PINK TRACTOR TREK

QUEENSCLIFF SURF LIFE SAVING CLUB BBQ FUNDRAISING EVENT SUNDAY 18 OCTOBER FROM 8.00AM



Come along and support Hugh Bateman on his 2,400km trek across NSWI Raising money for the McGrath Foundation BREAST CANCER CARE

See the PINK TRACTOR carrive at 9,30cm With special guests Fremier Mike Baird, Glenn McGrath & Mayor Jean Hay at 9,45cm,



Cunninghams



Saturday, 31 October 2015

Thankyou to our Major sponsor



2 WEEKS

to go!

It will be spooky!

There will be some spooky goings on at the Family Fun Day....

- You can get in the mood for Halloween at the Family Fun Day by trying your luck at our very own Trick or Treat Door!
- Have your face painted or your hair sprayed
- Get your spookiest costume on to take part in the scary fancy dress dance off competition in the afternoon with the fantastic New Tricks band!

Thankyou to our Silver and Gold sponsors

Silver Sponsors













Who will be the

Master Jammer?



Cooking Competition



"If you can boil an egg you can make jam"

At the 2015 St Kieran's Catholic Primary School Family Fun Day we're bringing back the old school art of jam making, with the

INAUGURAL JAM, SAUCE AND CHUTNEY COMPETITION.

So mums, dads, grandparents, friends, neighbours and kids...

Get out your aprons, your secret recipe, saucepans and empty jars and start cooking:

All entries will be judged on Family Fun Day with prizes in various categories!

Saturday 31st October 2015

All proceeds from the sale of jams, sauces and chutneys will go straight back to the school

Enter for your chance to win one of the following in each category. \$50 Alfresco Emporium Gift Voucher I \$50 Quattro Fromaggio Gift Voucher \$50 Roseberry Street Roasters Gift Voucher I \$50 Blossoms in bloom Gift Voucher and the illustrious title of MASTER JAMMER!



Visit our facebook page to keep up to date on whats happening at our Family Funday.

http://tinyurl.com/SKMV-funday

How To Enten

STEP 1 Register for the competition by Wednesday 28th October 2015 by completing and returning an entry form.

STEP 2 Make your jam / chutney / sauce!



STEP 3 Bring your entries to the Jar Drop Off at St Kieran's school office on Friday 30" October or to the Family Fun Day between 10am - 11am on Saturday 31st October

STEP 4 Come along to the Family Fun Day on Saturday 31" October

TERMS & CONDITIONS OF ENTRY

Cost of entry: Judging date

\$5.00 to be included in an envelope with your entry form Saturday 31" October

Entrant information packs are available from: sania_saady@bigpond.com

By Post Entry forms submitted by:

Jam Making Competition 28th October 2015

Gordon St Manly Vale NSW 2092 St Kieran's Catholic Primary School Office

office by 30th October) sania_saady@bigpond.com (entry fee to be submitted in an envelope to the school

All Entry forms and entry fee must be enclosed in an envelope marked SKMV Master jammer Competition

On Friday 30° October - St Kieran's Catholic Primary School Office 8,30am till 8pm On Saturday 31st October - between 10am and 11am at Family Fun Day

Absolutely no late entry forms will be accepted after Wed 28th October. Jars must have exhibitor label attached

- Entry forms will be accepted until Spm Wednesday 28th October 2015 at the St Kieran's Catholic Primary School office or by email to cania_caady@bigpond.com
- No late entry forms will be accepted on Judging Day (31" October 2015) and Jars without a previously submitted entry form and fee will not be included in the competition
- All jars are to be received by St Kieran's Catholic Primary School at the above Jar Drop Off times

Conditions of Entry

- The Master Jammer Competition is both a competition and a fundraising activity for St Kieran's Catholic Primary School
- At least two jars for each entry are required (one for tasting, one for selling by the school)
- Additional jars are greatly appreciated
- Entries must be cooked/prepared by the entrant and display a completed exhibitor's label
- Entries must be received in clean, sterlised jars (see FAQ's for sterlisation instructions)
- Attach exhibitor's label to each entry. State the name of product, ingredients, expiry date and name of
- correspondence will be entered into. Entering into The Competition In all categories the judge's decision is final and no

Prizes will be awarded in the following categories

Best Tasting jam • Best Tasting Chutney/Pickles
Best Tasting sauce • Best Decorated Jar

submit an entry form by 28" October. This will register your jar into the relevant category for judging. To enter the Master Jammer Competition, you need to

entry or if you enter by email, the \$5 must be sent to the St Kseran's Catholic Primary School office marked Jam Your entry form must be accompanied by \$5 for each

> Jam Competition winner plus one of the following prizes First Prize in each category will receive the 6th of Inaugural

\$50 Alfresco Emporium Gift Voucher

\$50 Roseberry Street Roasters Gift Voucher \$50 Blossoms in bloom Gift Voucher \$50 Quattro Fromaggio Gift Voucher

Print off the exhibitor labels below.

Catholic Primary School office ready for judging Deliver your jars at the designated times to St Kleran's

Sale of product donated for Sale

Any additional jars donated for sale to be received by St Kieran's Catholic Primary School office by Friday 30" October 2015.

Where do I get jars from?

sutable prs. \$2.99 or 580ml for \$3.85. lives also has a range of Wholworths stock two sizes with lids, 370ml for The major retailers stock preserving jars i.e. You can purchase preserving jars at retail outlets.

Can I use old jars?

Wholworths for \$1.60 for 24, just follow the that Fowlers Preserve Covers are available at if you've got metal lids, otherwise the metal directions on the pack. reacts with the jam/preserve, You don't want Transparent preserve covers are important washed and sterifised. Remove old labels too. You can recycle old jars as long as they are well

How do I sterilise a jar?

and bacteria from forming. Sterilising your jars is necessary to prevent mould

Here are a couple easy sterilisation methods

lids on a sturtly own tray. Place in the own for 20 OVEN: Preheat the oven to 120°C. Wash jars minutes. Remove and fill immediately with jam or and lids in soapy water, rinse and place non-plastic

cycle. Dry well with a clean tea towel before use. DISHWASHER: Sterilise jars, plastic lids and nubber seals in the dishwasher on the hottest.

MENDE ANTINE MODIFICATION

An Art Worth Preserving

lam-making at home is a slying art

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NUMBER OF JARS:		
I have read and accepted the Terms and Conditions.	I have read and accepted the Terms and Conditions.	K
Exhibitor label	Exhibitor label	Exhibitor label
Name:	Name	Name
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expiry dute:	expiry date:	exply date: