Looking ahead Term 1

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<tr>
<th>Week 5</th>
<th>Week 6</th>
<th>Looking Ahead continued</th>
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<tr>
<td><strong>Monday 22</strong></td>
<td><strong>Monday 29</strong></td>
<td><strong>March</strong></td>
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<tr>
<td>Yr 5 Robotics</td>
<td>Yr 5 Robotics</td>
<td>Mon 7th Robotics Yr 6 &amp; 9am Parent Prayer</td>
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<td><strong>Tuesday 23</strong></td>
<td><strong>Tuesday 1</strong></td>
<td>Tues 8th 9am School Tours</td>
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<tr>
<td>Kinder/Yr 1 Literacy Parent Ed</td>
<td>Yr 3 Boys to St Pauls</td>
<td>Thurs 10th Yr 6 Cluster Mass</td>
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<td><strong>Friday 26</strong></td>
<td><strong>Wednesday 2</strong></td>
<td>Fri 11th Yr 5 Excursion to West Head</td>
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<td>8.15am School Banking</td>
<td>Yr 4 Excursion Hyde Park Barracks</td>
<td>Sat 12th Band Workshop</td>
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<td><strong>Saturday 27</strong></td>
<td><strong>Thursday 3</strong></td>
<td>Mon 14th Yr 6 Robotics</td>
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<td>7 – 10pm P&amp;F Welcome Drinks Under the Stars</td>
<td>Peninsula Swim Carnival</td>
<td>Tues 15 Open Day 9.30 – 11am</td>
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<td><strong>Friday 4</strong></td>
<td>Thurs 24th Yr 5 Holy Week Presentation</td>
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<td>8.15am School Banking</td>
<td>Fri 25th Good Friday</td>
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<td>Assembly – Yr 3</td>
<td>Mon 28th Easter Monday</td>
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<td>Tues 29th Yr 6 Easter Story 8.45am</td>
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<td>Fri 1st School Photos</td>
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Principal

Dear Families

It’s almost difficult to believe but we are already looking ahead to 2017 and planning our Open Day for prospective Kindergarten enrolments. Our Open Day will be held on 15 March from 9.30am – 11am. Please let anyone who may be interested in enrolling for 2017, know of this date. More about this in next week’s Newsletter!

The first of our two Literacy Parent Education sessions was held on Tuesday evening. It was wonderful to see so many of our new 2016 Kindergarten parents attend (as well as others with children in the older grades)! Thanks to Mary Brown, the parents were presented with an informative and engaging session which highlighted key points regarding how young students develop skills in Literacy. Thanks also to Vanessa Ryan and Emily Channell who attended and shared their expertise on the night.

Attached to this newsletter is a flyer for parents of students in Years 3 and 5. This flyer contains valuable information about NAPLAN. The NAPLAN Assessment will be held in May this year and it involves students in Years 3 and 5. Please read through the information carefully as it provides clearly explained answers to questions you may have regarding NAPLAN.

Terri Paterson has decided to extend her leave for another week and so will be unavailable next week. We look forward to her return soon!

Enjoy the weekend –
Marisa Bombardieri
Religious Education Coordinator

A Year of Mercy.  
*Excerpt taken from “Nurturing Faith in Families” by Janette Davidson*

‘Mercy’ is simply love’s response to suffering, and ‘a work’ is simply a good action. For something to be truly a work of mercy it must be **done out of love for our neighbour because of our love for God.** As Christians we are called to imitate Jesus’ compassionate love, service and sacrifice through works of mercy.

All works of mercy are works of love (charity) and are a particular response to the sufferings and misfortunes of others. Often we think of these ‘works’ as involving extraordinary activities or as directed only to strangers, however **we live out ‘mercy’ in the ordinary things of everyday life** at home, school and work, amongst family, friends, neighbours and strangers.

For more words of wisdom and down to earth ideas please read the attached “Nurturing Faith in Families” prepared by Janette Davidson.

Last week each family received their **Caritas Project Compassion boxes.** The children may wish to contribute to the Project Compassion boxes by doing extra jobs around the house or going without treats and putting the cost of the treat in the Project Compassion box. Please discuss with your children why they are donating to Project Compassion and how their efforts will money will help others.

Caritas Australia works through the community development, supporting people to help themselves out of poverty, hunger and injustice. Caritas Australia works to bring relief and aid to people whose lives have been devastated by natural disaster or conflict. Integral to undertaking these key activities of aid and development, Caritas Australia works within Australia to engage all people in education and advocacy programs. For further information about where Caritas spends its donations please visit [http://www.caritas.org.au/](http://www.caritas.org.au/).

**Dates for your Diary:**

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<tr>
<th>Grade 2 Family Mass</th>
<th>Sunday 21 Feb 9.30 am</th>
<th>Church</th>
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<tr>
<td>Grade 1 Family Mass</td>
<td>Sunday 20 March 9.30am</td>
<td>Church</td>
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<tr>
<td>Holy Week Liturgy</td>
<td>Thursday 24 March TBC</td>
<td>Church</td>
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Yours in Religious Education,

*Mrs Kerrie Wetzlar*

★★★ Awards

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<th>KC</th>
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<td>J Gennusa, L Kelly</td>
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<td>2B</td>
<td>A Starkey, H Glavin</td>
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<td>3B</td>
<td>E Thompson, J Delaney</td>
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<td>4R</td>
<td>J Hamill</td>
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<td>5L</td>
<td>I Day, Sa Callow</td>
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<td>6</td>
<td>All of Year 6 – Assembly</td>
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<td>Italian</td>
<td>J Quarrell, K Porter, T Sokolow, L Siew, J Cooper</td>
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<tr>
<th>KR</th>
<th>B Langford, S O’Brien</th>
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<tr>
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<tr>
<td>2S</td>
<td>G Wilson, B Digby</td>
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<td>3S</td>
<td>H Joseph, S Keogh</td>
</tr>
<tr>
<td>4U</td>
<td>C Williams, O Fiorenza</td>
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<tr>
<td>5W</td>
<td>L Cannon, J Wells</td>
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<tr>
<td>PE</td>
<td>R Trew, A Browne, S Nicols, D Joseph</td>
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| Band | J Wells, A McGrath, C Barton |

School News

**Sibling Enrolments 2017**

Enrolments are now open and application forms are available [online](http://www.stkieran.com.au) or from the school office. If you have a sibling starting at St Kieran’s in 2017 we ask that you complete and enrolment form and return to the office as soon as possible. We ask that all enrolments are in by the end of May.

**Photograph/Video Permission Form**

All photograph/video permission forms should have been returned to the office. If you haven’t returned your form/s please do so asap. This form requests permission for your child to be photographed or filmed at school events. This includes posting photos of school events on our webpage, or in the newsletter. If your child’s photo is to be used in a local newspaper we would seek your permission to do so. Not signing the permission form excludes your child from the newsletter and our website. They will not be included in photographs of our sports carnivals, grandparent’s day, musical and other school events. **We respect the right of parents not to allow their child to be photographed and ask parents and students not to post other students on social media without permission.**
To ALL band parents for 2016

I would like to thank all children AND parents for a great start to the 2016 year. I am enjoying myself immensely with all the great talent that we have at this great school. I would also like to thank everyone who attended the Band meeting last Thursday, as it was essential in getting the standard of the program going forward into the future.

There is also the Band Workshop coming up on 12 March, so please put this date into your calendars as it is so important for all members to attend and will be lots of fun for everyone.

The permission slip will be sent out ASAP and will need to be handed back in to the office. I am really looking forward to this event as it will be practice for the Open Day performance for Senior Band on the following Monday morning.

The schedule for the band workshop is this:

- 10:45- arrival
- 11:00- start- Junior Band tutorial and Senior Band rehearsal
- 11:45- finish and swap over
- 12:00 Senior Band tutorial and Junior Band rehearsal
- 12:45 finish and break for 30 mins
- 1:15- Junior Band tutorials and Senior Band rehearsal
- 2:00- finish and swap over
- 2:15- Senior Band tutorials and Junior Band rehearsals
- 3:00- finish and have lunch and games
- 4:00- get set-up for performance
- 4:30 performance
- 5:30- home

Getting excited.

Miss Hodges

Sport News

Winter Broken Bay Sporting Trials

Attached are dates for the upcoming Winter Broken Bay Sporting Trials and the date/location if students are successful to compete at Polding. Students from Year 5 & 6 are invited to try out for the Broken Bay team. Students who are highly experienced (play in a representative team) can trial for Netball and Soccer as there is a maximum number of students that can attend trials from one school. Other sports do not require students to have played at a representative level. If your child is interested in attending the trials, please see Miss Scott Fell or Miss Leathem for a form.

Parent Community

Dear Parents

Reminder - Request for feedback

An email was sent earlier this week requesting your participation in a P&F Survey. This will only take about 10 minutes of your time. To access the survey please go to https://www.surveymonkey.com/r/StKP-Fsurvey

All responses to this survey will remain anonymous, and results will be de-identified and reported as group trends. Please complete survey by Monday 7 March.

Your P&F Team

The P&F team who have volunteered to help further the improvements from P&F’s past and are honoured to support the School of St Kieran’s for the 2016 and 2017 calendar years, are:

- Cameron Matthews (President)
- Kathy Siu & John McKee (Co-Vice Presidents)
- Jo Quarrel (Secretary)
- Vaughan Saady (Treasurer)
- Steph La Greca (Parent Coordinator)
- Sania Saady (Diocese of Broken Bay Parent Council Representative)
- Howard Giles (Dads Coordinator)

Cameron Matthews, President – stkierans.pf@gmail.com
Uniform Shop

- **Opening hours**: every second **Thursday** from 8.30am - 9.30am – next open **Thursday 25 February** and then every 2nd Thursday after (10 March etc).

- Orders will be filled alternate Thursdays. Order forms available at reception or on the website.
- Stock held at office: ties (girls & boys), hats, excursion bags, & scarves. Please have the correct money as only small change is held.
- EFTPOS and credit card facilities are available at the Uniform Shop.
- If you have any uniform queries please email: lizsnell72@gmail.com

Canteen

Thank you to all the Volunteers, without you our Canteen could not operate.

**NEXT WEEK’S ROSTER (Term 1 - Week 4):**

- **Wednesday 24 February**: Jo Quarrell, Jo Funtanilla
- **Thursday 25 February**: Charmaine Skea, Gabi Selwyn
- **Friday 26 February**: Dana Reddy, Alana Janik, Sascha Schwan-Harris (M), Clare Foale (A)

- Full day Volunteers are required from 8.50am to 1.50pm.
- Morning Volunteers are required from 8.50am to 11.15am (M).
- Lunch Volunteers are required from 11.15am to 1.50pm (L).

https://www.flexischools.com.au Any changes to the canteen roster, please contact: Jo Nesbitt - joanne.nesbitt@dbb-catholic.edu.au or text 0410 629 135.

Free Friday Fitness –Walking Group

The Friday morning walking group is going great and it’s not too late to join in!
- Come as little or as often as you like.
- All parents are welcome to join in – whether you are fit or not – and it doesn’t cost a cent.
- The group departs when the morning bell goes at 8:45am sharp and returns at 9:30am.
- It is led by Martha (mum to Opal Bird, Yr4) who is an exercise scientist so you’re in safe hands.
- All fitness levels are catered for – you will walk (talk) and do short blocks of intervals and exercises to tone and strengthen your total body.
- Learn correct technique and take away some new workout ideas too.
- Prams are welcome.
- It will be cancelled if raining hard.
- If you have any other questions, contact Martha directly on Loureybird@bigpond.com otherwise just meet at the gates near the canteen each Friday morning.
- Don’t miss out – the last week will be Friday 11 March.
Welcome to 2016….
You are warmly invited to ....
Contemplation and a Cuppa

Please join us for Parent Prayer on Monday 7th March in the Kieran Room. We will commence at 9am and our reflection will conclude by 9.30am. There will be a fresh plunger of coffee and something sweet for those who would like to stay for a chat afterwards. You will be well nourished on all levels to start your week!

Our reflection is named “Welcome”. Firstly, we will embrace the new year and welcome each other, particularly new parents joining our school community. (So come along guys...don’t be shy!). Secondly, as we begin the journey of Lent, we will contemplate the rich and powerful embrace of the Father and Lost Son in Rembrandt’s famous painting of the Prodigal Son. While I am no connoisseur of fine art, it is a painting which has sustained and inspired me on so many levels. Particularly how we all get ‘lost’ searching for love in the wrong places some times, and then also how we are challenged to embrace and forgive. The “Welcome” in this painting is an exceptional invitation to PEACE within. So...after all of that...come and contemplate what this means for you and embrace the new year. If you simply want to stare into space and enjoy a meditation and a coffee then come and absorb. All are welcome - come as you are....

As usual, we will place our blue Community Prayer book at the front office for those who would like to make a particular petition or pray for someone in need. We always include these prayers in our reflections for those who are unable to join us. If you prefer you can email your petition to me and I will ensure it is included.

Look forward to seeing you there.

Katrina Beaman  (4U) and (1L)
rowankatrina@hotmail.com / 0403 904663

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Community News

- **Stella Maris College Manly Year 7 2017 Scholarship** Applications now open. Stella Maris College offers scholarships for Academic Ability and Performing Arts. Closing date for applications - Wednesday 24 February, 2016. Details and registration forms are available on our website www.stellamaris.nsw.edu.au  Phone 9977 5144

- **Marist College North Shore Expo Day** Saturday 5 March 2016, 10:00am - 2:00pm. Come and visit our staff and students and learn about Marist College North Shore’s integrated and comprehensive curriculum program that, for every student, promotes faith, encourages excellence, engenders responsibility and develops respect and dignity. Currently accepting enrolments for Year 7, 2018. For an application: www.maristcollege.com or contact the Registrar on 9957 5000. E: northshore@maristcollege.com. Applications close 24 March 2016. 270 Miller St, North Sydney NSW 2060

- **St Lucy’s School Open Day Wednesday 16 March – Start Right Program.** For children with intellectual disabilities. St Joseph’s School 108 Ocean St Narrabeen. Contact details enrol@stlucys.nsw.edu.au or phone 8355 3157

- **St Lucy’s School Open Day Wednesday 9 March 9.55am – excellence in education for children with intellectual disabilities.** 21 Cleveland St Wahroonga enrol@stlucys.nsw.edu.au or phone 8355 3157

- **St Augustine’s College Brookvale** - Celebrating 60 years of teaching boys in Years 5 to 12. the Augustinian values of Truth, Love and Community. **Open Day** Friday 11 March 4:30pm TO 7:00pm. Meet our College students and staff and celebrate our rich Augustinian history. Tour our brand new $12m multi-tiered facilities.
Currently interviewing for Years 5 & 7, 2018. Enrol by April 1, 2016. www.saintaug.nsw.edu.au | 9938 8223 | registrar@saintaug.nsw.edu.au Federal Parade Brookvale NSW 2100

- Mercy Catholic College Open Day - Sunday 6 March 11am to 2pm. Providing Excellence in Teaching and Learning. HSC top 100 schools in NSW ranked 70 in 2015. For further information, contact College office: Mercy Catholic College 101 Archer Street, Chatswood NSW. Phone: 02 9419 2890 | www.mercychatswood.nsw.edu.au

Winter Broken Bay Sporting Trials

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<th>SPORT</th>
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<th>VENUE</th>
<th>TIME</th>
<th>CONVENER</th>
<th>POLDING TRIALS</th>
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<tr>
<td>11 YRS LEAGUE</td>
<td>Tuesday 15 March</td>
<td>Forestville Oval</td>
<td>12.30 – 3.30pm</td>
<td>Garry Simmons St Augustine’s College</td>
<td>Friday 29 April Bathurst</td>
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<td>(Born 2005 or later)</td>
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<td>Currie Rd Forestville</td>
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<td>Brookvale Email: <a href="mailto:taff.walsh@saintaug.nsw.edu.au">taff.walsh@saintaug.nsw.edu.au</a></td>
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<td>AFL</td>
<td>Wednesday 16 March</td>
<td>Bateau Bay Sports Facility</td>
<td>3.30 – 5.00pm</td>
<td>Kelly Denneman Mackilp Warramvale</td>
<td>Tuesday 5 April Newcastle (Teralba)</td>
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<td>HOCKEY</td>
<td>Wednesday 16 March</td>
<td>Pittwater RSL</td>
<td>4.00 – 5.00pm</td>
<td>Angela Wark St Joseph's Narrabeen</td>
<td>Friday 29 April Lithgow</td>
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<td>SOCCER – Boys</td>
<td>Thursday 17 March</td>
<td>Lionel Watts Oval Blackbutts Rd</td>
<td>12-3pm</td>
<td>Grant Colquhoun Maria Regina Avalon</td>
<td>Friday 29 April Bathurst</td>
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<td>Frenchs Forest</td>
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<td>SOCCER – Girls</td>
<td>Thursday 17 March</td>
<td>Lionel Watts Oval Blackbutts Rd</td>
<td>12-3pm</td>
<td>Lucinda MacMahon St Patrick’s Asquith</td>
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<td>OPEN LEAGUE</td>
<td>Friday 18 March</td>
<td>St Peter’s Catholic College</td>
<td>1.00 -3.00 pm</td>
<td>Jenny Dickson St John’s Tumbi Umbi</td>
<td>Friday 29 April Bathurst</td>
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<td>NETBALL</td>
<td>Monday 21 March</td>
<td>Northern Beaches Indoor Sports</td>
<td>12.00 – 3.00pm</td>
<td>Kellie Denneman MacKillop College Warramvale</td>
<td>Friday 29 April Bathurst</td>
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<td>Girls only</td>
<td>N Shore/ Peninsula Cluster only:</td>
<td>Centre Jacksons Rd Warriewood</td>
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<td>Ph: 43929399</td>
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<td>12.00pm</td>
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<td>TOUCH</td>
<td>Tuesday 22 March</td>
<td>EDSAAC Yakalla St Bateau Bay</td>
<td>3.30- 5.00m</td>
<td>Amanda Morrison OLSS Terrigal</td>
<td>Friday 3 June Port Macquarie</td>
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<td>EDSAAC Yakalla St Bateau Bay</td>
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<td>Amanda Morrison OLSS Terrigal</td>
<td>Friday 3 June Port Macquarie</td>
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**An Evening with Michael Grose**

**Australia's Leading Parent Educator**

We all want to be the best parent we can be - come and join us as Michael shares his insights into raising happy confident kids and keys to building a strong family.

Sacred Heart Catholic, MONA VALE
Wed 24 Feb 7 pm
RSVP: DPC Website

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**Live Life Well @ School**

A joint initiative between NSW Health and the NSW Department of Education and Communities.

**Why limit screen time?**

Effects of too much screen time can include:

- Poor posture
- Poor eyesight
- Strains of the thumb, wrist and elbow
- Sleep problems
- Delayed ability to make friends with others
- Becoming overweight

Limit your child's screen time to a maximum of two hours per day

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**How can I limit screen time?**

There are many simple things you can do to limit the time your child spends in front of a screen.

**Tip 1.**
Remove TV's, computers and other electronic devices from bedrooms and keep them in a central location like the family room.

**Tip 2.**
Turn off the TV during dinner and eat together as a family.
What is NAPLAN?
The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7 and 9. All students in these year levels are expected to participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. All government and non-government education authorities have contributed to the development of NAPLAN materials.

Why do students do NAPLAN tests?
NAPLAN is the measure through which governments, education authorities, schools, teachers and parents can determine whether or not young Australians are meeting important educational outcomes in literacy and numeracy. The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and what areas need to be prioritised for improvement.

NAPLAN tests are one aspect of a school’s assessment and reporting process; they do not replace the extensive ongoing assessments made by teachers about each student’s performance.

What will be tested and how?
NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. From 2016, NAPLAN content will be aligned with the Australian Curriculum. For more information on this please see the NAP website: www.nap.edu.au. Questions are multiple-choice or require a short written response. The writing task requires students to write a text in response to a prompt.

To give you an idea of what the tests look like, sample questions and a sample writing task are available on the NAP website: www.nap.edu.au

Who will run the tests?
NAPLAN tests are conducted at schools and administered by classroom teachers, school deputies or principals. Each state and territory is responsible for marking the tests in accordance with strict guidelines and processes.

How can I help my child prepare for the tests?
NAPLAN assesses literacy and numeracy skills that students have already been learning through the school curriculum. Teachers will ensure students are familiar with the test formats and will provide appropriate support and guidance. If you have any questions about your child's preparation for NAPLAN, you should make a time to speak with their teacher.

The best way you can help your child prepare for NAPLAN is to reassure your child that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day. The use of services by coaching providers is not recommended.

What additional support can schools provide for students with special needs?
All students are encouraged to participate in NAPLAN tests. Students with disability may qualify for adjustments that reflect the support normally provided in the classroom. Students who have a temporary injury may also be reasonably accommodated.

A formal exemption may be granted for a student with significant intellectual disability and/or significant coexisting conditions, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your state testing authority can give you more information on special provisions or the process required to gain a formal exemption.
How is NAPLAN performance measured?
NAPLAN is not a pass-or-fail type test. Individual student performance is shown on a national achievement scale for each test. Each test scale has 10 bands and all year levels are reported on the same scale. Six bands are reported for each year level for each test. One of these bands represents the national minimum standard for students at each year level. A result at the national minimum standard indicates that the student demonstrated the basic literacy and numeracy skills needed to participate fully in that year level. The performance of individual students can be compared to the average performance of all students in Australia.

What happens if my child is absent from school on test days?
Where possible, schools will organise for individual students who are absent at the time of testing to complete missed tests at another time during the testing week. Individual students are not permitted to sit tests after Friday 13 May 2016.

Will I receive a report on my child’s performance?
A NAPLAN report will be issued by your school later in the year. The same report format is used for every student in Australia. The school will notify you when the reports are being sent to you. If you do not receive a report, you should contact the school. Individual student results are strictly confidential.

How are NAPLAN test results used?
- Schools use results to identify strengths and weaknesses in teaching programs and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to help them better identify students who require greater challenges or additional support.
- The community can see average school NAPLAN results on the My School website: www.myschool.edu.au

Where can I get more information?
For more information about NAPLAN:
- visit the NAP website www.nap.edu.au
- contact your child’s school
- contact your state or territory’s education authority (details available on the NAP website).

NAPLAN 2016 tests timetable

<table>
<thead>
<tr>
<th>Year</th>
<th>Tuesday 10 May</th>
<th>Wednesday 11 May</th>
<th>Thursday 12 May</th>
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</thead>
<tbody>
<tr>
<td>Year 3</td>
<td>language conventions 40 minutes writing 40 minutes</td>
<td>reading 45 minutes</td>
<td>numeracy 45 minutes</td>
</tr>
<tr>
<td>Year 5</td>
<td>language conventions 40 minutes writing 40 minutes</td>
<td>reading 50 minutes</td>
<td>numeracy 50 minutes</td>
</tr>
<tr>
<td>Year 7</td>
<td>language conventions 45 minutes writing 40 minutes</td>
<td>reading 65 minutes</td>
<td>numeracy calculator 40 minutes non-calculator 40 minutes</td>
</tr>
<tr>
<td>Year 9</td>
<td>language conventions 45 minutes writing 40 minutes</td>
<td>reading 65 minutes</td>
<td>numeracy calculator 40 minutes non-calculator 40 minutes</td>
</tr>
</tbody>
</table>

- Language conventions test includes spelling, grammar and punctuation.
- Numeracy test includes number; space; algebra, function and pattern; measurement, chance and data.
- Calculators are NOT permitted in the numeracy test in Years 3 and 5. In Years 7 and 9, each student sits one numeracy test where calculator use is permitted and one where it is not.
Nurturing Faith in Families Series - Works of Mercy

The Seven Corporal Works of Mercy (responding to physical and material needs of others)

Feeding the Hungry and Giving Drink to the Thirsty
- Shopping for groceries, cooking meals, serving meals to others;
- Assisting in food banks;
- Supporting and volunteering for food pantries, soup kitchens, and agencies that feed the hungry;
- Doing the meal planning, shopping for and hand-delivering meals;
- Offering hospitality to shelters;
- Supporting various organizations that care for the homeless and provide support following natural disasters;
- Advocating for public policies and legislation that provide housing for low-income people;
- Taking someone to the doctor, pharmacy, clinic, or hospital;
- Facing challenges, such as caring for a relative, caring for a friend, and caring for the community;
- Taking the time to call, text, or send an email to someone who is alone;
- Volunteering at a hospital or day nursery center.

Clothing the Naked
- Buying clothes, and providing clothing to those in need;
- Offering assistance to those in need;
- Supporting various organizations that care for those in need;
- Taking the time to wash, iron, or mend clothes;
- Offering hospitality to those in need;
- Supporting various organizations that care for those in need;
- Taking the time to call, text, or send an email to someone who is alone;
- Volunteering at a hospital or day nursery center.

Sheltering the Homeless
- Providing shelter to those in need;
- Offering hospitality to those in need;
- Supporting various organizations that care for those in need;
- Taking the time to call, text, or send an email to someone who is alone;
- Volunteering at a hospital or day nursery center.

Caring for the Sick
- Taking people to the doctor, clinic, or hospital;
- Facing challenges, such as caring for a relative, caring for a friend, and caring for the community;
- Taking the time to call, text, or send an email to someone who is alone;
- Volunteering at a hospital or day nursery center.

Visiting the Impaired
- Being there for a friend or family member who is impaired;
- Supporting various organizations that care for those in need;
- Taking the time to call, text, or send an email to someone who is alone;
- Volunteering at a hospital or day nursery center.

Praying for the Living and the Dead
- Praying for the sick and those in need;
- Praying during Mass for all those who are sick and those who are in need;
- Praying for the sick and those in need;
- Praying for the sick and those in need;
- Praying for the sick and those in need.

The Seven Spiritual Works of Mercy (responding to spiritual and emotional needs of others)

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Teaching those who are unaware (Instructing the Ignorant)
- Helping with homework;
- Sharing knowledge about how to grow, plant, and care for plants;
- Teaching those who are unaware about God, faith, and the church;
- Taking the time to talk to someone who is just beginning steps.

Advising/Counseling the Doubtful
- Writing letters for children and explaining why they are not flying;
- Helping children/pupils choose which activities to do;
- Teaching children how to choose the right time to spend time with others;
- Offering suggestions to students;
- Offering help to those who are struggling with their work;
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Comforting and Consoling
- Offering help to those who are struggling with their work;
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Praying for the Living and the Dead
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JUBILEE YEAR OF Mercy

Pope Francis has called a special Holy Year, Jubilee Year of Mercy, from 8 December 2015 (the feast of the Immaculate Conception) to 20 November 2016 (the feast of Christ the King). In this Jubilee Year he has urged that we "rediscover the richness encompassed by the spiritual and corporal works of mercy."